



## August 12<sup>th</sup> 2018: Finding the True You

### Opening

- Describe a time where you felt truly loved.
- Describe a time where you felt you could truly be yourself.

### Discussion

- [Read Hebrews 9:1-15](#). What was the first covenant and what was the heart of the first covenant?
- How does God providing a way into the inner room show his mercy?
- Just like the Jewish people had a religious system, we often have something that makes us feel good about ourselves, something that helps us clear our conscience. What makes you feel close to God? How do you enter into his presence? What clears your conscience?
- This “good stuff” we do to make ourselves feel better is all an attempt to get to God. How have you seen these things ultimately fail? What is the answer?
- Eric described having a tired soul. Do you have a tired soul? Are you a tired Christian?
- How does placing your trust in Jesus relieve you of the exhaustion of trying to clear your conscience, be closer to God and enter into his presence on your own?
- What’s the problem with just being outwardly clean?
- What is the new covenant about?
- Where do you still live under the old covenant (what do you do to feel good about yourself or about you and God?)
- How can you look at what Jesus has done and not at what you have done to feel loved? How does this give you freedom to be who you truly are?

### Application

- What is one thing you can do this week to unconditionally love someone you’re close to and by doing that, allow them to discover who they really are?
- What is one thing you can do this week to rest in the fact that God loves you for you?