



# COMMUNITY Groups

## January 28, 2024 – Sermon Discussion Questions

### ICEBREAKER

1. Do highs and lows from the last week!
2. What do you enjoy most about prayer? What is the most challenging part of prayer?

### DIG A LITTLE DEEPER

1. Review the message –
  - a. We learned about six prayer principles as Eric led us through the lord’s prayer. First, prayer is a relationship, not an obligation (our father). We focus first on God instead of ourselves (who is in heaven). We request God’s kingdom to come before our own (may your kingdom come). We can express our trust in his provision (give us our daily bread). We can ask for forgiveness for our wrongdoings (forgive us as we forgive). Finally, we ask him to help us battle specific temptations (lead us not into temptation).
2. Read Matthew 6:9-13
  - a. If you are in an environment free of distractions, ask people to read this passage silently on their own but to read it as a prayer. Encourage them to do it slowly and multiple times for 4-5 minutes. Set a timer. If the environment you are in doesn’t allow for this. Read through it out loud again 4-5 times. Before you do this, let people know you’ll ask them what part of the prayer stuck out to them and why after.
  - b. What part of the prayer stuck out to you, and why?
  - c. Which part of the lord’s prayer is easiest for you and why? Which part is the most challenging or scary, and why?
  - d. Do you view prayer more as an obligation or a relationship? How would you pray differently if you viewed prayer in either of those ways?
  - e. In verse 11, Jesus tells us to ask for our daily bread. Where do you need God to provide you with “daily bread.” i.e., what you need to get through today.
  - f. God wants us to ask for stuff in prayer; what types of requests do you see being made by God in the lord’s prayer? How can you incorporate those requests into everyday prayer? OR How would you say them in your own words?
    - i. For example, “May your kingdom come” could be translated into requesting God to bring his kingdom into a specific area of your life. i.e., injustice in the world, your workplace, your marriage, etc.
  - g. How does it make you feel when Jesus tells us to ask for forgiveness to the degree that we forgive others? What types of feelings does that bring up? How does this challenge you?

### CLOSING

1. What practical changes do you want to make to your prayer life due to today’s discussion?
2. Pray