



September 24, 2023 – Sermon Discussion Questions

ICEBREAKER

1. Do highs and lows from the last week!
2. Name a time in your life when you felt most “free.” Was it on a vacation? A particular season of life?

DIG A LITTLE DEEPER

1. Big ideas to discuss –
 - a. God’s will for your life is freedom
 - b. The beginning of freedom starts with the forgiveness of sins
 - c. There is no path to freedom that is free of fear
 - d. We can find freedom in confession
2. Read Psalm 32:1-4
 - a. Has there been a time in your life where you were forgiven for something wrong you did? Describe that experience and how it impacted you.
 - b. Why does the psalmist say that the person who has “no deceit” is blessed? What are the specific blessings one may experience when they are not being deceitful? Why does being deceitful get in the way of those blessings?
 - c. The Psalmist says that his bones wasted away when he kept silent about his deceit. What does this metaphor communicate to us about what deceit does to our lives practically?
 - d. The only way to not live in deceit is to confess your wrongdoing, why is this so hard to do when we know freedom is on the other side of it?
3. Read Psalm 32:5 and Romans 3:25
 - a. Because of Jesus’ sacrifice on the cross we can enter into a new relationship with him despite the things we do to break the trust in that relationship. We can always turn back to him. Is it harder for you to confess your deceit to Jesus or to people in your life? Why?
 - b. Does God’s forgiveness hold any weight with you or is something you take for granted? What about the forgiveness you could receive from those in your life?
 - c. When we think about confession we often think about obvious things that most people would see as wrong (lying, addictions, stealing, etc.) but are there deceitful things in your life that you’re more likely to gloss over and not see as something you need to confess to God and others? Things like pride, control, worry, etc. What are those things in your life?

CLOSING

1. What is the thing that gets in the way of you confessing when you need to? Identify those things and pray for each other.
2. Pray