



## March 17, 2024 – Sermon Discussion Questions

### ICEBREAKER

1. Describe a time in your life that you felt the pain of rejection, insecurity, unloveliness.
2. In thinking back to such a time as that in your life, who or what helped you through?

### DIG A LITTLE DEEPER

1. Review the message
  - We should follow Jesus in specific areas of our life; in our singleness, in our marriage.
  - Perhaps the church has made us believe that marriage is THE gift we all need to receive.
  - Part of the gift of singleness is freedom from worldly desires.
  - Even in marriage, we can find ourselves longing for companionship, love, other longings unsatisfied by our spouse.
  - We should not let our longings destroy our living.
2. Single folks, how might you be showing the world your self-control and ability to focus on things of the Lord? Married folks, share a time when you have found yourself trying to have your spouse fill the space only the Lord should fill?
3. Read 1 Corinthians 7:7-9
  - When Paul talks about self-control, the message is strong. Do you agree with his statement about getting married rather than burning with passion? Why or why not?
  - Do you think that he is using this statement literally? Or do you think he is using it as a warning to not engage in sex outside of marriage?
  - Are you single and trying to give your singleness “gift” away?
  - How might God be calling you to change to align with what this passage suggests?
4. Read 1 Corinthians 7:17-20
  - What situation has the Lord assigned to you? If you are experiencing unrest, how can your group support and pray for you? What is one practical thing you feel a nudge to take action on?
  - This passage states, “keeping God’s commands is what counts.” How are you honoring the Lord in your singleness or in your marriage?
5. In Peter Scazzero’s book, he mentions practicing freedom and delight. Read the following scriptures and discuss how they relate to practicing this freedom and delight in the Christ-follower’s life. How might each one be speaking to you?
  - I seek you with all my heart: do not let me stray from your commands. Psalm 119:10
  - Give thanks unto the Lord, call upon his name. Make known his deeds among the people. 1 Chronicles 16:8
  - Now the Lord is the Spirit, and where the Spirit of the Lord is, there is freedom. 2 Corinthians 3:17

*“What matters is following Jesus”*



# COMMUNITY Groups

## CLOSING

1. Research shows that ending our day with three good things can improve physical and mental health, decrease stress, and train our minds to be grateful. Go around your group and share three good things from your day. Some examples are the sounds of birds chirping, an answer to a prayer, a favorite food, or a treat. Practice delight this way each night this week.
2. Consider what Matt said: " We should not be so focused on finding the one but BECOMING the one." Take two minutes of silence to reflect and write down one thing that is on your heart or mind that will move you in this direction.
3. Close in prayer.

*"What matters is following Jesus"*