



## July 29<sup>th</sup> 2018: Robe of Shame

### Opening

- Do you have a secret talent?
- What is something about you no one knows about?

### Discussion

- People have always asked “how good is good enough?” In what areas of your life have you asked this of yourself?
- What are some of the “gods” or idols in our country? How do people try to appease these gods?
- [Read Hebrews 4:14](#). What was the “old way” of gaining God’s acceptance and forgiveness in the Old Testament? What is the new way and how was it finished?
- What is the way we apply Jesus’ perfect sacrifice to our lives?
- What is faith?
- [Read Hebrews 4:15](#). Have you ever considered the fact that Jesus was tempted?
- Have you ever experienced religious superiority and judgement?
- Jesus empathizes with you in your weakness. What does that mean to you?
- [Read Hebrews 4:16](#). How have you wrestled with shame? What things about you tempt you to believe that you are worthless?
- How do you “take off the robe of shame?”
- “We live in grace (instead of shame) by admitting our need for grace.” How does this statement manifest itself in your life?

### Application

- How can you practically take off the “robe of shame” this week?
- How can you practically admit your need for grace this week?