



# COMMUNITY Groups

## August 27, 2023 – Sermon Discussion Questions

### ICEBREAKER

1. Do highs and lows from the last week!
2. When your mind wanders what do you typically think about?

### DIG A LITTLE DEEPER

1. Review the message –
  - a. The helmet of salvation has to do with what we let in our mind. Do we reflect on sinful things? Or do we reflect on how we have been saved?
  - b. “When you know what you’re saved from you know what to stay away from”
  - c. The sword of the spirit is God’s word to us, and it’s the only offensive piece of the armor of God
2. Read Ephesians 6:10-17 then re-read verse 17 as the focus
  - a. Why do you think Paul associates salvation with protecting the head/brain in the Roman armor?
  - b. Nigel said “what you think about says a lot about you.” What would you say your thought life says about you?
  - c. How do you see your internal thought life impacting your external actions?
  - d. What do you think it means to reflect on the salvation that Jesus offers you?
  - e. It’s easier to give Jesus our external actions, our thought life is much harder. Do you agree with this statement? Why or why not?
3. Read Luke 7:36-50
  - a. The woman in this story was so grateful to be in the presence of Jesus she was willing to sacrifice all she had. How often do you find yourself reflecting on salvation with gratitude towards God? Why or why not?
  - b. What in your thought life do you need to replace or sacrifice with reflecting on salvation with gratitude?
4. Read Ephesians 6:17 again. Now we will focus on the sword of the spirit.
  - a. What do you think Paul means when he says “God’s word?” Is he talking about the OT? Share your thoughts!
  - b. Why is God’s word the only offensive weapon in the armor?
  - c. Is there an area of your life you need to go on the offensive against the enemy using God’s word?

### CLOSING

1. Go over all the pieces of armor again in Ephesians 6. What’s a piece of armor you want to focus on putting on this week? How will you do that?
2. Pray