

# BETWEEN SUNDAYS

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Building Authentic Faith for Work,  
Relationships, and a Constantly Changing World

*A 13-Week Companion Guide  
for Young Professionals*

Concord Road Church of Christ  
Brentwood, Tennessee

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This course material was developed with the assistance of artificial intelligence.

# Welcome to Between Sundays

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This guide belongs to you. It is not a textbook to memorize or a workbook to complete for a grade. It is a companion—a place to record what God is teaching you, what questions you're wrestling with, and what you're learning about building a faith that actually works on the days between Sundays.

Over the next 13 weeks, we are going to tackle the real challenges you face as a young professional: identity, doubt, prayer, relationships, work, money, conflict, mental health, and purpose. We're not going to settle for easy answers. We're going to dig into Scripture—honestly and carefully—and let it speak with the authority it claims.

This class operates on a few core convictions:

- **The Bible is the inspired, authoritative Word of God** (2 Timothy 3:16–17). It is not merely a helpful guide—it is the standard by which we measure everything else.
- **Faith without obedience is incomplete** (James 2:14–26). We are saved by grace through faith, and that faith always leads to action—beginning with our response to the gospel in repentance, confession, and baptism for the forgiveness of sins (Acts 2:38).
- **The local church is not optional** (Hebrews 10:24–25; Acts 2:42–47). It is God's design for our growth, accountability, and mission. You were never meant to do this alone.
- **Doubt is not the enemy; complacency is.** God welcomes honest questions. He doesn't welcome indifference. Come to this class ready to be challenged—and ready to grow.
- **Truth and love are not in tension** (Ephesians 4:15). We will speak truthfully and kindly. We will disagree respectfully. And we will leave each week more equipped to live for Christ—not just talk about Him.

## How to Use This Guide

Each week includes the following sections:

- **The Tension:** A real-world challenge that frames the lesson. Read this before class to get your mind engaged.
- **The Text:** The primary Scripture passage and supporting texts. Come with your Bible open.
- **Key Truth:** The central biblical principle for the week.
- **Discussion Questions:** The heart of our class. Come ready to contribute, not just consume.
- **The Takeaway:** One practical challenge to apply before next week.

- **Personal Reflection:** A question for your own journal or prayer time.
- **My Notes:** Space for your own thoughts, questions, and convictions.

## The Three Movements

The 13 weeks are organized into three movements that build on each other:

- **Weeks 1–4 | ROOTS:** Identity, doubt, prayer, and Scripture—the foundations of personal faith.
- **Weeks 5–9 | CHRIST IN THE ROOM:** Work, relationships, friendship, mental health, and conflict—faith in the spaces where life gets complicated.
- **Weeks 10–13 | FORWARD:** Decisions, money, calling, and legacy—building a life that holds.

*"Everyone then who hears these words of mine and does them will be like a wise man who built his house on the rock." — Matthew 7:24 (ESV)*