

Questions for Tuesday Night Step Study:

1. How have the last five steps prepared me to be “entirely ready” for God to work in my heart?
2. In what ways have I tried to fill the hunger of my soul and the thirst of my spirit with other substances and behaviors instead of trusting and following God’s will?
3. What difficulties have I suffered due to lack of forgiveness or compassion for others?
4. Have I been stubbornly resistant to becoming entirely ready because I have been afraid of change? Are my defects too comfortable and familiar?
5. What self-improvement tactics and methods have I used to get myself to let go of my addiction and character flaws?
6. Am I now willing to accept that I will continue taking this step in order to grow, letting go of the old flaws to make room for the new strengths? Why or why not?

Healing the Brokenness - Psalm 51:16-19

1. In this Psalm, David had to grow up a little. He had to accept that he was flawed in God’s eyes, and that he could never bring a sacrifice good or perfect enough to atone for those flaws. Am I still trying to bring God evidence of how good I am, or am I coming to a place of acceptance, as David did? How does that acceptance help me stay out of my addiction?

God’s Abundant Pardon - Isaiah 55:1-9

1. Am I ready to turn to God for abundant pardon and for continual nourishment of his Spirit to keep me free of addictive behaviors? Why or why not?
2. Do I believe, not just in my head, that the life God has for me will be more satisfying than the one I have lived under the cloud of addiction? Is my heart willing?

Removing Deeper Hurts - Jonah 4:4-8

1. What deeper problems did my addiction shelter from my awareness? Pride? Egocentrism? Fear? Anger? Hatred? The arrogance of believing that life should go the way I want?
2. Am I ready to have these defects removed by God? Why or why not?

Discovering Hope - John 5:1-15

When we are ready, God does his part. Our part is to get rid of excuses, stubborn resistance, holding on to the familiar, and fear of change. When we clear out of these blocks and become entirely ready, it becomes clear that God must do the rest, because only he can accomplish the miracle of setting our feet on the path of life again.

1. What have been my excuses for not moving forward in recovery?

Removed, Not Improved - Romans 6:5-11

1. Meditate and dwell on the thought that “we are not longer slaves to sin (addiction). For when we died with Christ we were set free from the power of sin (addiction)” (Romans 6:6-7). Describe the feelings that arise during that time of reflection.

Attitudes and Actions - Philippians 3:12-14

This is the attitude of Step Six: “I don’t mean to say that I have already achieved these things or that I already reached perfection. But I press on to possess that perfection for which Christ Jesus first possessed me.” (Philippians 3:12).

1. Do I have the vision of the purposes for which God saved me spiritually and took me out of addiction? Describe.