

1829 Podcast

LEADER GUIDE - YOUR WORTH ISN'T UP FOR SWIPE

Key Takeaways:

1. Fear of better options (FOBO) can paralyze people in dating decisions.
2. Self-worth is more important than self-confidence in relationships.
3. Character and shared values matter more than physical attraction in the long run.
4. Community plays a crucial role in navigating relationships.
5. Being unwavering in faith and convictions is essential in a relationship.

Discussion Questions:

1. How has the concept of FOBO (Fear of Better Options) affected your approach to dating or relationships? How can we combat this fear?
2. Pastor Luis mentioned the difference between self-confidence and self-worth. How do you define each, and why is self-worth more important in relationships?
3. The speakers emphasized the importance of character over physical attraction. How can we cultivate a mindset that prioritizes character in our search for a spouse?
4. The episode mentioned the importance of acknowledging childhood experiences. How do you think our past experiences shape our approach to relationships?
5. What does it mean to be "unwavering" in faith and convictions? How can this quality benefit a relationship?
6. The speakers touched on the idea that "intimacy is not casual." How does this perspective challenge current cultural norms around dating?
7. How can our community (friends, church, small group) help us make wise decisions in dating and relationships?

Next Step: Make a list of your non-negotiable values and convictions. How can you ensure you're staying true to these in your dating life? Whether you're single or in a relationship, identify one area where you can implement healthier boundaries this week.



A CREW DISCUSSION GUIDE