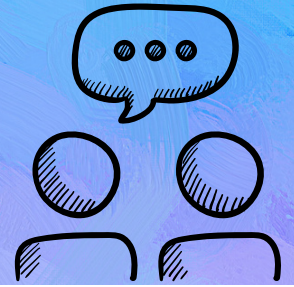




the book of Ephesians

Section 9

Ephesians 6:10-24



Key Verse

Ephesians 6:12 | We do not wrestle against flesh and blood, but against the rulers, against the authorities, against the cosmic powers over this present darkness, against the spiritual forces of evil in the heavenly places.

Application Questions

- How do you feel about spiritual warfare? Does it scare you or weird you out?
- Which piece of armor do you feel like is most important for you to "take up" right now and why?
- Which is the hardest piece of armor to take up?
- What does Paul ask the Ephesians to pray for? What do you think would change if this was primarily how we prayed for each other?

Life Questions

- Anything we can pray for this week?
- Anyone hurting around you that we can pray for or love this week?

Digging Deeper Questions

- Why would someone need armor?
- Why is it so hard to view our physical battles as spiritual ones? Our physical enemies as actually spiritual ones?
- Do you think it is significant that the "belt of truth" is the first piece of armor mentioned? Why might this be intentional?
- Why do you think Paul associates the following together?
 - Righteousness - Breastplate
 - Salvation - Helmet
 - Gospel of Peace - Shoes
 - Faith - Shield
 - Salvation - Helmet
 - Word of God - Sword
- Paul ends by telling us to pray "at all times." Why do you think Paul chose to wrap everything up in prayer rather than ascribing it to another piece of armor?
- How are you supposed to pray? Who are you supposed to pray for? What are you supposed to pray for?
- What is cool about Paul ending his letter with verse 24?

Extra Reading:

Written from the perspective of a mentor demon, this book helps us to see everything in life from the lens of spiritual warfare.