

Every ROOM

Scripture and Prayer Guide

Week 9



WEEK NINE

Sunday- Reflect

Spend a few moments reflecting on today's message.

- What stood out to you?
- What challenged or encouraged you?
- What's one thing you heard today that you want to carry into this week?

Pray: Spend a few minutes talking with Jesus about today's message. Ask Him to continue speaking to you as you spend intentional time with Him this week.

Monday- Read

Psalms 118:4

- What does this verse invite us to do with today?
- What is good about the day God has given you?
- What might you overlook because it seems ordinary?
- What can you rejoice in today?

Pray: Thank Jesus specifically for the day in front of you. Ask Him to help you notice His goodness in ordinary moments.

Tuesday- Examine

Philippians 4:4-7

- *What has been stealing your joy lately?*
- *What makes you anxious?*
- *Where is your attention? Is it constantly drawn to what you lack or to what God has given you?*
- *What does Paul tell us to do with our anxiety?*

Pray: Present all of your worries before Jesus today. Once you have finished that, tell Him three things you are thankful for.

WEEK NINE

Wednesday– Pray

Pray Slowly through **Psalm 103:1–5**

Bless the Lord, O my soul.....Pause and Pray

Forget not all His benefits.....Pause and Pray

Who forgives.....Pause and Pray

Who satisfies.....Pause and Pray

Spend the rest of your prayer simply thanking Him. Don't ask for anything unless you need to. Just enjoy being grateful.

Thursday– Respond

Romans 12:5

- Is something good happening to someone else that you can celebrate?
- Who can you encourage today?
- When do they see you admit when you're wrong?
- How can you intentionally celebrate God's goodness today?

Do something joyful.

Share a meal. Call someone. Go outside. Play. Laugh. Make something. Celebrate someone else's good news. Enjoy something God has given you—and thank Him for it.

Pray: Thank Jesus for the ability to enjoy His gifts without needing to feel guilty about enjoying them.

Friday– Remember

James 1:17

- What has God shown you through this series?
- Which “room” has been hardest to surrender?
- Is there a “room” that you still are holding a key?
- What good gifts can you identify in your life right now?

Pray: Thank Jesus for what He's done throughout these weeks. Ask Him to continue transforming every room.

Saturday– Prepare

Pray: Ask God to prepare your heart for worship tomorrow. Ask Him to remove any distractions that may hinder you from hearing His voice.