

What's Wrong with a Heart of Gratitude?

Colossians 3:12-17

1. It isn't normal/natural .
2. It causes me to give up my rights of entitlement to hold grudges and to cop an attitude!
3. It doesn't allow me to be in control but allows God's Spirit to control me.
Phil. 2:12-15
4. Gratitude causes life change.
 - it improves your health .
 - it will affect your attitude and perspective on life.
 - it will positively affect others.
 - it will create opportunities for conversation naturally.



Study Questions

Nov 29, 2015

Opening question

What are some before and after transformations you have seen in Believers you know?

Scripture: Colossians 3:12-17

COLOSSIANS 3:12-17

What virtues does Paul name in verses 12-14? How would it transform our church if we all worked to emphasize these qualities in our relationships with one another?

How might our groups look different if we all lived out these commands in verses 15-17? Why are thankfulness and gratitude so important for the follower of Christ to live out?

When the word of Christ takes root in individual believers and in the community of faith, there will be teaching, admonishing one another, and thankful worship as evidenced by songs and expressions of gratitude.

THESSALONIANS 5:16-18

Do you think about rejoicing, praying and giving thanks as something an individual does more on his or her own, or as something that he or she does in relationship with others?

How does practicing these things alone impact the way we practice them with others, and vice versa? How do they help us encourage and build each other up?

Application Questions

Help your group identify how the truths from the Scripture passages apply directly to their lives.

1. What can we learn from the thankfulness and gratitude Paul showed in Philippians 1:3-6? How can we better practice this in our lives?
2. How should gratitude and thankfulness impact our communication with God?
3. What examples of gratitude and thankfulness have you observed in our group or church?