

# FRUIT OF THE SPIRIT

## PARENT HANDOUT



**Scriptures to Read:** Galatians 5:22-23



### This Week We Learned About ...

...the Fruit of the Spirit from Galatians 5:22-23. The scripture gives them a great example of how to grow in Christ and not grow in the ways of the world. The lesson combined the Fruit of the Spirit with the deeds of the flesh for kids. There are some big words in the Biblical deeds of the flesh such as “debauchery,” however kids can be fleshy too! So we whittled them down into some deeds of the flesh for kids. They include hatred, anger, jealousy, rage, selfishness, meanness, gossip, cheating, lying.



#### ✓ Questions for Kids:

1. How many Fruit of the Spirit are there? **A. nine**
2. **What does forbearance mean?** A: Patience
3. What is the difference between goodness and kindness? **A. Kindness is doing nice things for people such as picking up something someone dropped; goodness is doing things God's way such as refusing to give in to peer pressure.**

#### ✓ Dinner Table Discussion:

Everyone struggles with some of them deeds of the flesh. Growing in the Fruit of the Spirit can actually help us overcome them! Pick out one fruit of the spirit that you would like to work on. What deeds of the flesh could it distract you from?

Think of a challenge in your family or community. Which fruit of the spirit could you work on that would help solve it? (Name the problem first. It will be easier to think of the fruits that would help afterward.)

#### Scripture Notes (tuck in lunchboxes, tape to mirrors, etc.):



*But the fruit of the Spirit is love, joy, peace, forbearance, kindness, goodness, faithfulness, gentleness and self-control. Against such things there is no law.*

**Galatians 5:22-23**



*Above all love each other deeply, because love covers over a multitude of sins.*

**1 Peter 4:8**



*May the God of hope fill you with all joy and peace as you trust him, so that you may overflow with hope by the Holy Spirit.*

**Romans 15:13**