

# PARENT HANDOUT



Scriptures to Read: Ephesians 6:10-20



#### This Week We Learned About ...

...the Armor of God, a great example of how to protect themselves from hurt, pain, regret, temptation and hardship. This lesson makes God's divine protection very easy to understand as a coat of armor for daily living!

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### **✓** Questions for Kids:

- 1. We should wear the breastplate of what? **A. Righteousness**
- 2. And carry the shield of what? A. Faith
- 3. And the helmet of? A. Salvation

#### **✓** Dinner Table Discussion:

A breastplate protects our heart. How can being righteous keep our hearts safe from evil? Discuss it with your family.

A shield is something we hold up when someone throws or shoots a weapon at us. What are some of the spiritual weapons people use? For example: someone might laugh at Christianity to makes us doubt, or peer pressure us into behaving badly. Can you think of more? How does having faith shield us from such weapons?

## Scripture Notes (tuck in lunchboxes, tape to mirrors, etc.):



Now faith is the assurance of things hoped for, the conviction of things not seen.

Hebrews 11:1



That your faith might not rest in the wisdom of men but in the power of God

Corinthians 2:5



Whoever pursues righteousness and love finds life, prosperity and honor.

Proverbs 21:21