

PHYSICAL EDUCATION



DECEMBER 2025

Pre-School - 2nd Grade

December 1 - 5

Pre-Kinder 3 & 4: Scholars will start their bouncing and dribbling skills and will play Christmas-related games.

Kinder: Scholars will be working on solo jump roping and will play Christmas-related games.

1st & 2nd Grade: Scholars will work on solo jump roping and long jump roping and will play chasing-fleeing-dodging games related to Christmas.

December 8 - 12

Pre-Kinder 3 & 4: Scholars will continue dribbling skills and shooting baskets. Scholars will start working on hopping over lines throughout the court (related to jump roping). Scholars will also play Christmas-related games.

Kinder: Scholars will work on bouncing and dribbling skills and will play basketball lead-up games. Scholars will also play chasing-fleeing-dodging games related to Christmas.

1st & 2nd Grade: Scholars will work on basketball skills such as dribbling, lay ups, and shooting skills and will play Christmas-related games..

December 15-19

Pre-Kinder 3 & 4: Scholars will continue to work on hopping over jump ropes and will play Christmas-related games.

Kinder: Scholars will learn how to throw a frisbee and will play games related to frisbee golf. Scholars will also play chasing-fleeing-dodging games related to Christmas.

1st & 2nd Grade: Scholars will work on throwing frisbees and will learn how to play Frisbee golf. Scholars will also play games related to Christmas.

3rd - 8th Grade

The end of Thanksgiving means it's time for our Basketball unit. All 3rd - 8th graders will be working on their dribbling, passing, and shooting skills through various drills and games. By the end of the semester, scholars will be ready for 5 v 5 games.

Upper Grammar scholars will be learning all the different rules of basketball. 3rd and 4th grade scholars will also get to play some Christmas-themed games as we prepare to celebrate Christ's birth.

Logic School scholars will show mastery of their knowledge of the rules of basketball.

All scholars will continue to run toward their goal of a marathon in a school year.

Once a week, Logic School scholars will be getting in a great workout with some new equipment!

