
Lesson 7: The Biblical Structure for Change

I. Principles that Ground a Mature Believer

A. Principle #27 – We must understand that lasting biblical change is a

_____.

1. Principle-Driven vs. Feelings-Driven (Eph 4:17-24)
 - a. Stop _____ through life (v.17-18)
 - b. No longer let your _____ dictate your actions (v. 19, 22)
 - c. Instead, be _____ in the spirit of your mind (v.23)
 - d. Instead, let your _____ dictate your actions (v.24)

2. A Promise of Renewal
 - a. _____ part in the process (Rom 12:1-2; Phil 2:12)

 - b. _____ part in the process (Rom 8:28-29; Eph 1:11; Phil 1:6; 2:13)

B. Principle #28 – We must understand that lasting biblical change requires

1. _____ of sin (Ps 139:23-24; Matt 7:1-5; Luke 18:13)

2. _____ for sin (Ps 38:18, 2 Cor 7:8-10)

3. _____ of sin (1 John 1:9)
 - a. Confession means “To say the same thing about it that God says”
 - b. The 7 A’s of Confession
 - 1) Address everyone involved
 - 2) Avoid if, but, and maybe
 - 3) Admit specifically
 - 4) Apologize
 - 5) Accept the consequences
 - 6) Alter your behavior
 - 7) Ask for forgiveness

4. _____ for sin (Ezek 43:10; Luke 15:21)

5. _____ for sin (Rom 12:9)

6. _____ from sin (Jas 1:22-25)

C. Principle #29 – We must understand that lasting biblical change requires
_____.

As you do what God says is right:

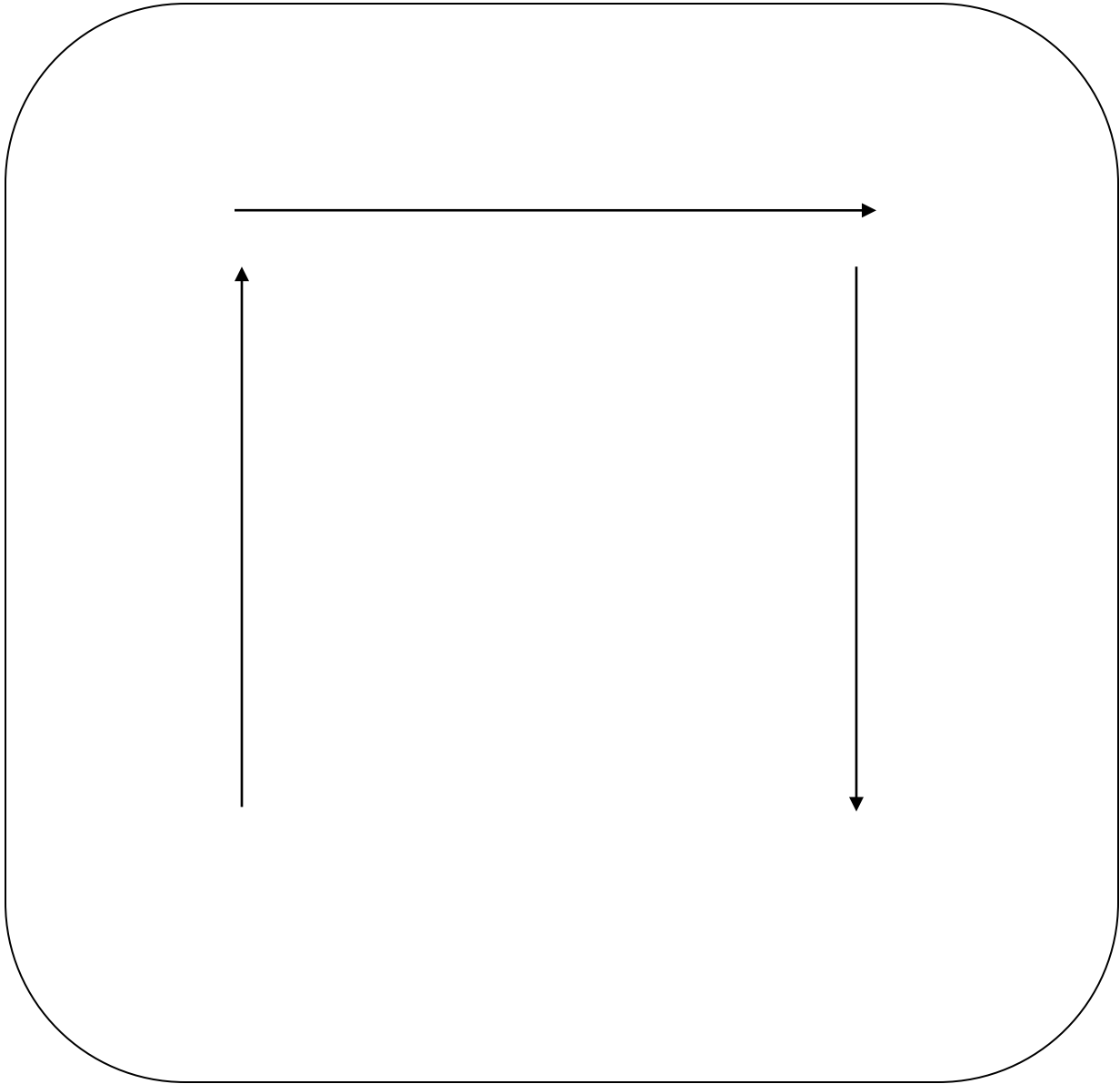
1. You begin to _____ God
2. You begin to _____ Him
3. You begin to please Him and not _____
4. His _____ comes!

II. Practices that Mark a Mature Believer**A. Think _____**

1. What is His view of my situation?
2. What is God calling you to put off/on today?

B. Think _____

1. Observation – What does it say?
 - a. Who is the author?
 - b. Who is it written to?
 - c. What are the key words?
 - d. What are the key points?
2. Interpretation – What does it mean?
 - a. What is the context?
 - i. Literary context – Is this section a narrative? Poetic?
 - ii. Immediate context, doctrinal context
 - b. What is the purpose of the book?
 - c. Key word meanings
 - d. Commentaries, Study Bibles, Blueletterbible.org
3. Application – How must I behave or believe? Are there any errors to avoid?
 - a. What would the original audience be thinking they had to do or believe?
 - b. What response does the text seem to elicit from the original hearers?
 - c. Is this response for all Christians for all time or just these original hearers?
 - d. Is there a principle that transfers, but not the specific application given to them?
 - e. What would the contemporary application for this text be?



C. Notable put off's -

1. People – 1 Cor 15:33; Prov 4:14; 12:26; 13:20; 16:29; 22:24-25; 23:19; Ps 1:1
2. Places – bars, parties, gym, etc.
3. Practices – sports, hobbies, full schedule, endless browsing on phone, etc.

D. Notable put on's – where the real emphasis should be!

1. Time in the Word (Self Confrontation Manual, p. 115, II., B., 1-5)
2. Doing the Word (with a specific plan that can be explained to a 5-year-old)
3. People that will help you grow in your relationship with the Lord
4. True fellowship (not “socialship,” but iron sharpening iron, Pr 27:17)
5. Thankfulness (intentionally setting your mind on things for which you're thankful)

E. Be specific

“Knock it off and be better” is not helpful. Instead...

1. Put off adornment; put on gentle spirit.
2. Put off critical spirit; put on building up spirit.
3. Put off TV/internet; put on Bible Study.

For example, “I ought to put my phone away and read my Bible more” is not nearly as helpful as, “On weeknights I'll set out my Bible in a good place, already opened to *this* passage for tomorrow, and I'll set an alarm to wake up at *this* time in the morning. That'll give me ___ number of minutes with the Lord as a matter of priority.”

4. Put off self pity; put on care for others by . . .
5. Put off laziness (procrastination); put on diligence, heartily working for the Lord.
6. Put off worry; put on trust.
7. Put off anger; put on kindness and forgiveness.
8. Put off lust; put on a heart that longs to be satisfied by God, in His timing.

What is the main thing you have learned from this lesson? What is your main takeaway?

As a result, what is the Lord asking you to change?