

### **Kindness –**

Kindness is “love in action” — a practical expression of love. It is visible and active, not just emotional.

Matt 7:12 *“Do to others whatever you would like them to do to you.”*

Prov 11:17 *“Your kindness will reward you, but your cruelty will destroy you.”*

Kinder =

1) Sensitive

Phil 2:4 *“Don’t look out only for your own interests, but take an interest in others, too.”*

2) Supportive

3) Sympathetic

2 Tim 2:24 *“A servant of the Lord must not quarrel but must be kind to everyone”*

4) Straightforward

Prov 27:6 *“Wounds from a sincere friend are better than many kisses from an enemy.”*

5) Spontaneous

Don’t wait, just go for it and be kind!

### **Goodness –**

God says in his Word that the good life is not based on looking good, feeling good, or having goods.

He says the good life is a life filled with goodness — being and doing good.

Eph 2:10 *“For we are God’s workmanship, created in Christ Jesus to do good works, which God prepared in advance for us to do”*

- We are Not Naturally Good

- Being Good is a Gift from God

Phil 2:13 *“For God is working in you, giving you the desire and the power to do what pleases him.”*

- Do Gooder (Better)

How?

#1 Master The Bible – more faithful to Facebook or your Face in the Book?

#2 Guard Your Mind – Prov 23:7 *““thinks in his heart, so is he”*

#3 Develop Convictions – where do you stand?

Gossip, Generosity, Purity

Shad Me Abed

Gal 6:9 *““Let us not become weary in doing good, “*

### **Faithfulness –**

Very rare word today!!!

Prov 20:6 *““Who can find a faithful man?”*

*“The greatest ability is dependability.”*

Eccl 5:5 *““It is better not to vow than to make a vow and not fulfill it.”*

Marriage

Your Talents

Your Spiritual Gifts

Use them faithfully to serve King Jesus

Stand by Your Friends who have brought You

Faithfulness is systematic, not spasmodic.

Gifts

Giving

Friendships

Loyalty

2 Tim 2:13 "If we are unfaithful, he remains faithful"

Local Church

"we belong together"

### **Gentleness -**

#1 Be Understanding, not Demanding

Phil 2:4 "Don't look out only for your own interests, but take an interest in others, too."

#2 Be Tender without Surrender

You can retreat, react, or respond.

#3 Be Teachable, Not Unreachable

### **Self Control -**

Prov 25:28 "A person without self-control is like a city with broken-down walls."

Samson was the strongest man on earth...but couldn't defeat his own temptations.

He was a HE-MAN with a SHE-PROBLEM

Pills, Therapy, Surgery, Gastric Bubbles,

#1 Say "I have a Problem"

You are responsible for your behavior

-The way I was raised, The devil made me, I just can't help it

#2 Forget the past

Failure in the past is not the result of your future!

#3 Talk back to your Feelings

I won't say that, I am getting out of bed, Pizza you don't control my mouth

Swing on this moodiness,

Titus 2:11 ""For the grace of God ... teaches us to say 'No' to ungodliness and worldly passions, and to live self-controlled, and godly lives."

#4 Believe you Can

You are changed by renewing your mind.

#5 Make yourself Accountable

Verbally, Spiritually, Physically

Eph 4:27 ""Don't give the Devil a chance"

Christ in Control...gives you Self Control!!!!