

ACTIVATE School of Healing & Evangelism

Session 1: Healing Foundations—Kara Sensenig

Healing on the spot, in the name of Jesus, can have considerable impact. It can result in people responding to Jesus who otherwise might never do so and can be an avenue of hope for a person who has given up hope.

- We have been given authority to walk in, not for our own sake, but for the spiritually hungry and broken world that we live in.

Do we really believe that the Spirit of the Living God lives inside us?

- **Galatians 5:16**
 - By the Spirit we have been given the grace to walk in a level of authority and love that can truly transform the world.
- Grace = *“The power of God, to do the will of God.”*
- You and I are called to manifest the presence of Jesus in our God given spheres of life and influence.

Isaiah 61 - *The Spirit of the Sovereign LORD is on me, because the LORD has anointed me to proclaim good news to the poor. He has sent me to bind up the brokenhearted, to proclaim freedom for the captives and release from darkness for the prisoners, to proclaim the year of the LORD's favor and the day of vengeance of our God, to comfort all who mourn, and provide for those who grieve in Zion—to bestow on them a crown of beauty instead of ashes, the oil of joy instead of mourning, and a garment of praise instead of a spirit of despair. They will be called oaks of righteousness, a planting of the LORD for the display of his splendor.*

- There is real authority available and a freedom that will break through the sickness and suffering and despair of the most impossible situations.

What would happen if we decided to follow Jesus in doing the things He did...right through our doubts, through our fears and through our lack of understanding?

- We need only yield to Him, open our hearts to Him and walk in willing obedience to what He says and shows us.

I want to point out that....

I. The Commission—Healing was central to the ministry of Jesus

- **Healing the sick was an integral part of the ministry of Jesus. In most places where the gospel speaks generally about His ministry, healing is mentioned.**

Matthew 4:23—*Now Jesus went about all Galilee, teaching in their synagogues, preaching the gospel of the kingdom, and healing all kinds of sickness and all kinds of disease among the people.*

- **Healing was also part of Jesus' assignment to the twelve disciples:**

Matthew 10:1, 5, 7-8—*And when He had called His twelve disciples to Him, He gave them power over unclean spirits, to cast them out, and to heal all kinds of sickness and all kinds of disease...These twelve Jesus sent out and commanded them, saying, "...as you go, preach, saying, 'The kingdom of heaven is at hand.' Heal the sick, cleanse the lepers, raise the dead, cast out demons. Freely you have received, freely give."*

- **And to the Seventy:**

Luke 10:1-2, 9—*After these things the Lord appointed seventy others also, and sent them two by two before His face into every city and place where He Himself was about to go. Then He said to them, "...And heal the sick who are there, and say to them, 'The Kingdom of God has come upon you.'"*

- **Healing is part of the great commission assigned now to all believers:**

Mark 16:15-18—*And He said to them, "Go into all the world and preach the gospel to every creature. He who believes and is baptized will be saved; but he who does not believe will be condemned. And these signs will follow those who believe: in My name they will cast out demons; they will speak with new tongues; they will take up serpents; and if they drink anything deadly, it will by no means hurt them; they will lay hands on the sick, and they will recover."*

- **Therefore, ministering in the name of Jesus to the sick, with laying on of hands, is for "those who believe". This includes every member of the body of Christ! Even you!**

II. Lifestyle: Becoming a Vessel He Can Use

A. He is the healer. If He doesn't come, the person you're praying for won't be healed...it has everything to do with Him!

1. Preparation is important. We must do our best to be a clean, clear channel for God's presence to flow through.

- a. Deal with unforgiveness and unconfessed sin; walk in purity of heart, live a lifestyle of worship.
- b. Spending time in God's presence is important. The more time we spend with Jesus, the more He gets on us....the more of Him I carry with me when I go.
 - God's anointing is not a mysterious atmosphere or 'something'; it is the tangible, manifest Presence of the Holy Spirit.
 - *The anointing of the Spirit is God's power to fulfill His purpose for that moment. (Luke 4:18) This may include healing (Luke 5:17) or prophecy, or worship—or simply for people to encounter God.*

- c. Praying in the Spirit is a powerful tool that opens the door to the supernatural.
 - d. Feed on testimonies of healing and stories of miracles! This will encourage you and keep reminding you that the Impossible is possible!
2. **Ask God to give you His LOVE for each person you pray for.** A loving person will impact a sick or hurting person for good, whether or not their body is healed. They may not really know that God loves them. Your reaching out to them may be their first experience of God's love.
 3. **Be aware that physical healing may take different routes.** Don't be put off if God does not heal someone you pray for. ***Our job is to pray. God is responsible for what does or does not happen.***
 4. **Do not worry if the sick person doesn't seem to have faith for his healing.** Faith helps. But God sometimes heals sick people who don't believe He can or will heal them. Jesus healed ALL who came to Him.
 5. **Be flexible.** There is no universal rule about how to pray that will apply to all cases. There is nothing special in particular words. Be yourself. The Holy Spirit is the only sure guide, and He may lead you differently from time to time. Practice listening to Him and following His leading.
 6. **Take risks.** Step out and pray for people and you'll greatly increase the odds of people getting healed by actually creating opportunities for it to happen in the first place.

III. Practical Advice For Moving in Healing

1. Ask the Holy Spirit to come. You can simply say, *"come, Holy Spirit"*
2. Use short prayers or commands.
3. Ask the person you're praying for if they feel anything or if anything is happening in their body. OR ask them to do something they couldn't do before.
 - a. *What happened to the pain?*
 - b. *Do you feel anything? Heat? Tingling?*
 - c. *Do you still feel heat in your stomach?*
 - d. *See if you can read the sign now.*
 - e. *Try moving your knee now.*
4. When a prayer or command results in partial healing, continue to use it until you find that it no longer produces further healing.
5. Sometimes healing will not happen till later, the next day or next week, etc.
 - a. Maggie story
6. If the presence of the Holy Spirit becomes evident, as by the person feeling heat or tingling or some other manifestation, continue waiting on Him until He finishes what He wishes to do at that time. When the manifestation has ebbed, check to see if healing is complete. If not, continue ministry.
7. **Be persistent! There is no formula.** Try praying differently, and continue to seek

the Holy Spirit.

8. It is often helpful to **pray with your eyes open**, and observe the person you are praying for. Look for signs that God is at work in their body: Fluttering eyelids, trembling, perspiration. If you see something happening, or if the person reports a change in the pain or increased sight or other progress, thank God for what He is doing, and bless it, & continue to pray in the manner that led to the progress.
9. **Use your normal tone of voice.** Shouting, or praying loudly, will not increase your effectiveness.

IV. Words of Knowledge for Healing

1. What is a word of knowledge?

- a. A word of knowledge is a supernatural revelation of information from the Holy Spirit.
- b. **1 Corinthians 2:12-13**—*Now we have received, not the spirit of the world, but the Spirit who is from God, that we might know the things that have been freely given to us by God. These things we also speak, not in words which man's wisdom teaches but which the Holy Spirit teaches...*
- c. **Example: Nathanael under the fig tree. John 1:47-50**

2. Words of Knowledge for healing.

- a. The Holy Spirit often gives a revelatory word of knowledge concerning the need of a person (or more than one person) for healing. He can do this anywhere anytime.
 - i. *I often ask Him: Lord, is there anyone you want to heal today? And then I listen...*
 - b. WOK are an indication that God wishes to heal the person or persons with the condition revealed.
 - c. Word of knowledge builds faith. They set an atmosphere of *WOW!* and pull people in.
3. A Word of knowledge may come quickly, flitting through your mind.
 4. It may be rather vague, tempting you to screen it out, to ignore it. Practice “tuning in” to these revelations and speaking them out.
 5. Resist the thought that a word you have received is not important, or that it is “just you”. Remember it builds faith in the other person to know that God has revealed this condition to you. **What seems like a vague impression to you may be a shout to the other person!**

V. Walking in Your God-Given Identity

Revelation 12:11 - *And they overcame him because of the blood of the Lamb and because of the word of their testimony...*

John 19:30 - *Therefore when Jesus had received the sour wine, He said, "It is finished!" And He bowed His head and gave up His spirit.*

- We are the hope of Gory! No more waiting, the hard part is already done! We are

called to release the resurrection power of Jesus to all we come in contact with.

- There isn't a Plan B.
- Is there an area of injustice that you want to see reversed? Well, maybe you're part of the answer to this problem. Your passion is a clue to what you're called to.

1. We can do this when we know WHOSE/who we are

- **It is impossible for you to pray and have nothing happen!**
 - Recognizing your identity is of utmost importance. Those who know their identity move in power because they know who their Daddy is!
 - Remember who you are in Christ as you pray. You are seated in heavenly places, and have the same inheritance as Christ. Pray *from* Him because we are co-laborers with Christ and our position is *with* Him.
 - If we are seated in Heavenly Places then we're praying from a Heavenly Position (***Heaven to earth***) and not throwing up little prayers that we hope he hears.
 - He is in me so I release Him.
 - Pray short prayers and don't pray past the miracle.
 - Think about how much God loves the person you're praying for!

2. Pray with compassion and not sympathy.

Psalm 145:8 - The LORD is gracious and **compassionate**, slow to anger and rich in love.

Psalm 145:9 - The LORD is good to all; he has **compassion** on all he has made.

Matthew 20:34 - *Jesus had **compassion** on them and touched their eyes. Immediately they received their sight and followed him.*

Mark 1:41 - *Filled with compassion, Jesus reached out His hand and touched the man. "I am willing, He said. "Be clean!"*

- Jesus prayed with compassion and love. Sympathy unfortunately just locks a person in their condition.
- Sympathy climbs in the pit with them, while compassion pulls them out of their pit.
- **You have the ability set and shift the atmosphere of those around you and especially those that you pray for. Remember that you are the temple of the Holy Spirit and you carry the aroma of Christ everywhere you go.**
 - So set an atmosphere that is greater than the atmosphere of what a person is carrying (fear, doubt, unbelief...).
- Focus on the Lord and not self...remember that it is impossible for you to pray and have nothing happen! **This is the law of sowing and reaping...and something always happens.**
- I have an obligation to love just like Jesus did. When I love I also bring power. Therefore I

am sowing seeds of love even if healing doesn't happen.

3. Other words of wisdom...

- **Do not pick up the burden.** You are not responsible for those who are not healed or are in the process of being healed. They belong at the cross.
- We are not the ones who carry the responsibility or burden when folks are not healed and we don't get the Glory when they are healed. It's all in Jesus at the cross.
- Our only responsibility is to release the Kingdom and love people.

1. Don't be afraid to take a *RISK*.

2. Steward the testimonies in order to position yourself for more.

- There is power in remembering stories and miracles of the past
- By releasing the testimony of what God has already done, we are in fact prophesying what God's going to do!

Rev 19:10 *Then I fell at his feet to worship him But he said to me, "Do not do that; I am a fellow servant of yours and your brethren who hold the testimony of Jesus; worship God. For the testimony of Jesus is the spirit of prophecy.*

- Walk in thankfulness for what has happened.
- If He did it once, He'll do it again!