

ACTIVATE School Of Prayer

Session 2— Power of Praying the Word—Kara Sensenig

I. Scripture Shapes Who We Are

A. Realize that there is a direct connection between the degree to which our minds are shaped by Scripture and the degree to which our prayers are answered.

B. *The Word:*

1. Ensures answers to prayer - *Jesus said, If you abide in me and my words abide in you, ask whatever you will, and it shall be done for you.* **John 15:7**
2. Pulls down wrong mindsets - **2 Corinthians 10:3-5**
3. Is our weapon for warfare - **Ephesians 6; 2 Corinthians 10:3-5**
4. Sanctifies - **John 17:17**
5. Strengthens the spirit man - **Ephesians 5:26**
6. Will not return void - **Isaiah 55:11**
7. Dispatches angels - **Psalm 103:20**
8. Brings light into the darkness - **Psalm 119:130**
9. Provides direction - **Psalm 119:105** - *Your word is a lamp unto our feet and a light unto our path*
10. Secures blessings - **Ephesians 1:3; 2 Peter 1:3**
11. Is seed that grows and expands - **Mark 4**
12. Creates - **Romans 4:1**

II. God's Word Creates

A. **John 1:1** - *In the beginning was the Word, and the Word was with God, and the Word was God.*

Vs. 2 —*He was in the beginning with God.*

Vs. 3 —*All things came into being through Him, and apart from Him nothing came into being that has come into being.*

Vs. 4 - *In Him was life, and the life was the Light of men. The Light shines in the darkness, and the darkness did not comprehend it.*

B. Words have the power to create. They are prophetic in nature and reflect His heart and point to Jesus and our Father.

- a. God created by speaking things into existence
- b. Prophetic words do this. They are either foretelling or forth-telling
- c. **Romans 4:17** - *That is what the Scriptures mean when God told him, "I have made you the father of many nations." This happened because Abraham believed in the God who brings the dead back to life and who creates new things out of nothing (NLT).*

III. God is Looking for People to Partner With!

- A. *For the eyes of the LORD range throughout the earth to strengthen those whose hearts are fully committed to him. **2 Chronicles 16:9***
1. We are co-laborers with Christ -
 - *For we are co-workers in God's service; you are God's field, God's building. **1 Corinthians 3:9***
 2. Everything God does He does through His Word and people declaring His Word.
 3. Our job is to hear/see what's going on in heaven. What God's heart is for a person or situation **and declare that!**
 4. Enables our hearts and minds to line up with the truest truth.
 5. When we worship, we're doing this! We're declaring the words He gives us.
 6. D. M. McIntyre says, *God only answers petitions that his Son has had a hand in formulating. "If we ask anything according to his will He hears us."* **1 John 5:14**

IV. Praying Scripture

- A. The early church prayed Scripture.
1. For example, the prayer of **Acts 4:24-30** quotes **Psalm 2**.
 2. Also Old Testament prayers like Ezra's prayer in **Nehemiah 9:6-37** are rehearsals of biblical history and biblical texts.
 3. **Shema** Yisrael - (Hebrew: שְׁמַע יִשְׂרָאֵל; "Hear, [O] Israel") are the first two words of a section of the Torah, and is the title, better known as The **Shema**) of a prayer that serves as a centerpiece of the morning and evening **Jewish** prayer services.

Hear, O Israel: The LORD our God, the LORD is one. You shall love the LORD your God with all your heart and with all your soul and with all your might. And these words that I command you today shall be on your heart. You shall teach them diligently to your children, and shall talk of them when you sit in your house, and when you walk by the way, and when you lie down, and when you rise. You shall bind them as a sign on your hand, and they shall be as frontlets between your eyes. You shall write them on the doorposts of your house and on your gates.

- B. Praying the Word means reading Scripture in a spirit of prayer and letting the meaning of the verses become our prayer and inspire our thoughts.
1. You can use the Psalms
 2. Decree booklet
 3. Lester's Encouraging Scriptures booklet
 4. Healing scriptures
 5. Take the time to find scriptures that coincide with what you're working through or desiring to see in your life.
 6. Crafted Prayers
- C. There are many possible ways to pray Scripture, not just one.
1. It can be done alone or in groups.
 2. You can read it and pray it, Read it and put your name or whoever you're praying into the passage, Read it and put it into your own words.
- D. If you've never prayed Scripture before, you can try this:
1. Find a quiet time and place.
 2. Begin with a brief prayer like, *"O Lord, I need you, I come seeking you and needing help. Open my eyes that I may behold wondrous things out of the word"* **Psalms 119:18**.
 3. Read a few verses or whole passage quickly to get the gist of it.
 4. If anything has "jumped out" as especially relevant to you, dwell on it and let it inspire and shape your prayer even before you go back to read a sentence at a time.
 5. Now go back to the first sentence and read it with the question: *If this sentence were to become a prayer about my life, what would it sound like?* It may convict you and lead you to a prayer of confession and repentance. It may inspire you to pursue a new act of obedience and lead to a prayer for power and enablement.
 6. Try running the verse through your day and seeing its relation to the start of your day, your work and other activities. Try seeing it in relation to different people at home, work, and church. You will find that sometimes one verse can produce a half-hour of prayer when viewed from different situations and relationships.
 7. Try to build biblical ways of speaking into your head and heart. The psalms are great for this!

E. **Use the Apostolic Prayers** - *What are the Apostolic Prayers?*

1. They are the prayers that the apostles prayed that are recorded in the New Testament.
2. These prayers are God's very prayers because they were authored in His heart. Therefore, there is more to them than meets the eye. Also, because they are authored by God, we know it is God's desire to answer them if we will pray them (**I John 5:14-15**).
 - There are approximately 25-30 New Testament Prayers.
3. They have a positive focus on the impartation of good instead of a negative focus on removing the realities of sin.
4. As you pray positive biblical prayers, you begin to have faith for the very things you are interceding for.
5. **Apostolic prayers are focused prayers for the church within a city or region.** The apostolic prayers focus mostly on releasing blessing upon the church within a city.
 - a. The divine strategy of God is to raise up an anointed city church that will reach an entire region.
 - b. God wants to break in with massive revival and transform entire cities; however, He will not do it in vacuum. He wants partnership with His bride, the church.
6. As we pray the apostolic prayers, our love for the church dramatically increases as well. The Lord designed these prayers around the spiritual principal that we fall in love with whatever we pray for.
 - a. When we pray for the church, we fall in love with the church.
7. Apostolic Prayers facilitate corporate unity in prayer.
 - a. We come to know the Father heart of God through praying the Apostolic Prayers.
 - b. These are the prayers that burn in the heart of God.
 - c. Praying biblical prayers seals the answer. God will answer them 100% of the time.

1 John 5:14-15 *Now this is the confidence that we have in Him, that if we ask anything according to His will, He hears us. And if we know that He hears us, whatever we ask, we know that we have the petitions that he have asked of Him.*

- d. Praying the Apostolic Prayers enables people to engage in corporate, unified prayer. You can pray the Apostolic Prayer over people as well, not just the Church.

Declaring Scripture Exercises

My Identity & Who I Am In Christ

I am an heir with the Father and a joint heir with Christ. *Gal. 4:6-7 & Rom. 8:17*

I am a child of God; God is spiritually my Father. *Gal. 3:26, John 1:12, Rom 8:14-15*

I am in Christ. *Ephesians 1:1-4, Galatians 3:26, 28*

I am a new creation in Christ, old things have passed away and all things have become new. *2 Corinthians 5:17*

I am reconciled to God and am an ambassador of reconciliation for Him. *2 Corinthians 5:18-19*

I am God's workmanship, created in Christ for good works. *Ephesians 2:10*

I am united to the Lord and am one spirit with Him. *1 Corinthians 6:17*

I am the temple of the Holy Spirit. *1 Corinthians 3:16, 6:19*

I am a friend of Christ. *John 15:15*

I am the righteousness of God in Christ. *2 Corinthians 5:21*

I am chosen and ordained by Christ to bear fruit. *John 15:16*

I am righteous and holy. *Ephesians 4:24*

I am hidden with Christ in God. *Colossians 3:3*

I am the light of the world. *Matthew 5:14*

I am part of the true vine. *John 15:1-2*

I am filled with the divine nature of Christ and escape the corruption that is in the world through lust. *2 Peter 1:4*

I am an expression of the life of Christ. *Colossians 3:4*

I am a part of the Bride of Christ and am making myself ready for Him. *Rev 19:7*

I am chosen of God, holy and dearly loved. *Colossians 3:12, 1 Thessalonians 1:4*

I am a child of light. *1 Thessalonians 5:5*

I am seated in heavenly places with Christ. *Ephesians 2:6*

I am a recipient of every spiritual blessing in the heavenly places in Christ. *Eph1:3*

I am redeemed by the blood of the Lamb. *Revelation 4:9*

I am a partaker of a heavenly calling. *Hebrews 3:1*

I am a true worshiper who worships the Father in spirit and in truth. *John 4:24*

I am more than a conqueror through Christ. *Romans 8:37*

I am one of God's living stones, being built up in Christ as a spiritual house. *1 Peter 2:5*

I am a chosen generation, a royal priesthood, a holy nation. *1 Peter 2:9*

I am a child of God who always triumphs in Christ and releases His fragrance in every place. *2 Corinthians 2:14*

Praying for salvation

If you're praying for the salvation of a family member or friend:

1. Ask the Holy Spirit to hover over the person (see **Genesis 1**) and to
2. Lift the veil (**2 Corin. 3:13-18**) that prevents them from seeing the truth.
3. Bind every mindset or stronghold that lifts itself up against Christ in their life
4. Pray the mind of Christ over the person, and bind any known spirits from operation (*for example, the spirit of pride or rebellion*).
5. Ask God to bring other godly people into their life.

See 2 Corinthians 10:3-5 - *For though we walk in the flesh, we do not war according to the flesh, for the weapons of our warfare are not of the flesh, but divinely powerful for the destruction of fortresses. We are destroying speculations and every lofty thing raised up against the knowledge of God, and we are taking every thought captive to the obedience of Christ,*

Apostolic prayers for Lancaster and Surrounding region

Praying for the revelation of Jesus and His beauty to break into our region so we might walk in our calling and destiny by God's power.

(Ephesians 1:17-19)

That the Father of glory, may give to you the SPIRIT OF WISDOM AND REVELATION IN THE KNOWLEDGE OF HIM, the eyes of your understanding being enlightened; that you may know what is the HOPE OF HIS CALLING, what are the riches of the GLORY OF HIS INHERITANCE IN THE SAINTS, and what is the exceeding GREATNESS OF HIS POWER TOWARD US"

Key Apostolic Intercessory Prayers

1. Prayer for revelation of Jesus & His beauty so we might walk in our calling and destiny by God's power.

"...the Father of glory, may give to you the SPIRIT OF WISDOM AND REVELATION IN THE KNOWLEDGE OF HIM, the eyes of your understanding being enlightened; that you may know what is the HOPE OF HIS CALLING, what are the riches of the GLORY OF HIS INHERITANCE IN THE SAINTS, and what is the exceeding GREATNESS OF HIS POWER TOWARD US" (Eph. 1:17-19).

2. Prayer for the release of supernatural strength in the heart unto experiencing God's emotions.

"...that He would grant you, according to the riches of His glory, TO BE STRENGTHENED WITH MIGHT THROUGH HIS SPIRIT IN THE INNER MAN, that Christ may dwell in your hearts through faith; that you, being rooted and grounded in love, MAY BE ABLE TO COMPREHEND with all the saints what is the width and length and depth and height-- to know the love of Christ which passes knowledge; that you may be filled with all the fullness of God." (Eph. 3:16-19)

3. Prayer for God's love to abound in our heart resulting in discernment and righteousness.

"And this I pray, that YOUR LOVE MAY ABOUND still more and more in knowledge and all discernment, that you may APPROVE THE THINGS THAT ARE EXCELLENT, that you may be sincere and without offense till the day of Christ, being FILLED WITH THE FRUITS OF RIGHTEOUSNESS which are by Jesus Christ, to the glory and praise of God." (Phil. 1:9-11)

4. Prayer to know God's will, to be fruitful in ministry and strengthened by intimacy with God.

"We...do not cease to pray for you, and to ask that you may be filled with the KNOWLEDGE OF HIS WILL in all wisdom and spiritual understanding; that you may have a WALK WORTHY OF THE LORD, fully pleasing Him, BEING FRUITFUL in every good work and increasing in the knowledge of God; STRENGTHENED WITH ALL MIGHT, according to His glorious power, for all patience and longsuffering with joy; giving thanks to the Father who has qualified us to be partakers of the inheritance of the saints in the light." (Col. 1:9-12)

5. Prayer for unity within the church across a city.

"Now may the God of patience and comfort GRANT YOU TO BE LIKE-MINDED toward one another, according to Christ Jesus, THAT YOU MAY WITH ONE MIND AND ONE MOUTH glorify the God and Father of our Lord Jesus." (Rom. 15:5-7)

6. Prayer to be filled with supernatural joy, peace and hope.

"Now may the God of hope FILL YOU WITH ALL JOY AND PEACE IN BELIEVING, THAT YOU MAY ABOUND IN HOPE by the power of the Holy Spirit." (Rom. 15:13)

7. Prayer for Israel to be saved through Jesus.

“My heart’s desire and prayer to God for ISRAEL is that they may be saved.” (Rom. 10:1).

8. Prayer to enriched with the supernatural gifts of the Holy Spirit leading unto righteousness.

“I thank my God always concerning you for the grace of God which was given to you by Christ Jesus, THAT YOU WERE ENRICHED IN EVERYTHING by Him in all utterance and all knowledge, even as the testimony of Christ was confirmed in you, so THAT YOU COME SHORT IN NO GIFT, eagerly waiting for the revelation of our Lord Jesus Christ, who will also confirm you to the end, THAT YOU MAY BE BLAMELESS in the day of our Lord Jesus Christ.” (1 Cor. 1:4-8)

9. Prayer for the release of apostolic ministry and to abound in love and holiness

“...we rejoice for your sake before our God, night and day praying exceedingly THAT WE MAY SEE YOUR FACE and PERFECT WHAT IS LACKING in your faith? Now may our God and Father Himself, and our Lord Jesus Christ, DIRECT OUR WAY TO YOU. And may the Lord make you increase and ABOUND IN LOVE to one another and to all...so that He may ESTABLISH YOUR HEARTS BLAMELESS IN HOLINESS before our God and Father at the coming of our Lord Jesus Christ with all His saints.” (1 Thess. 3:9-13)

10. Prayer to be equipped and prepared to receive the fullness of God destiny for the church.

“Therefore we also pray always for you THAT OUR GOD WOULD COUNT YOU WORTHY OF THIS CALLING, AND FULFILL ALL THE GOOD PLEASURE OF HIS GOODNESS AND THE WORK OF FAITH WITH POWER, that the name of our Lord Jesus Christ may be glorified in you, and you in Him, according to the grace of our God and the Lord Jesus Christ.” (2 Thess. 1:11-12)

11. Prayer for the Word to increase by the release of Holy Spirit power.

“Finally, brethren, pray for us, THAT THE WORD OF THE LORD MAY RUN SWIFTLY AND BE GLORIFIED, just as it is with you, and that we may be delivered from unreasonable and wicked men; for not all have faith. But the Lord is faithful, who will establish you and guard you from the evil one. And we have confidence in the Lord concerning you, both that you do and will do the things we command you. NOW MAY THE LORD DIRECT YOUR HEARTS INTO THE LOVE OF GOD AND INTO THE PATIENCE OF CHRIST.” (2 Thess. 3:1-5)

12. Prayer for impartation of Holy Spirit boldness through the release of signs and wonders.

“...they raised their voice to God with one accord and said: ‘Lord, You are God, who made heaven and earth and the sea... The kings of the earth took their stand, and the rulers were gathered together against the Lord and against His Christ. For truly against Your holy Servant Jesus, whom You anointed, both Herod and Pontius Pilate, with the Gentiles and the people of Israel, were gathered together to do whatever Your hand and Your purpose determined before to be done. Now, Lord, look on their threats, and GRANT TO YOUR SERVANTS THAT WITH ALL BOLDNESS THEY MAY SPEAK YOUR WORD, BY STRETCHING OUT YOUR HAND TO HEAL, AND THAT SIGNS AND WONDERS MAY BE DONE through the name of Your holy Servant Jesus.’ And when they had prayed, the place where they were assembled together was shaken; and they were all filled with the Holy Spirit, and they spoke the word of God with boldness.” (Acts 4:24-31).

Prayer for Declaration of Protection & Authority over Darkness

Isaiah 54:17—No weapon formed against me will prevail, and every tongue that raises against me that accuses me, I condemn. This is my inheritance as a servant of the Lord. My righteousness comes only from you Jesus. Your blood is more than enough. I apply the blood of Jesus over me, my family, my ministry, and everything that is precious to me. You said, you have given us authority over the enemy and no way can he injure me. I believe your word in **Luke 10:19** where you said that you have given me authority to trample snakes and scorpions and that I can overcome all powers of the enemy. Nothing will harm me. You promised blessing in everything I do as I follow your commands. When the enemy comes against me one way, he will flee seven ways (**Deut. 28:1-7**)

I choose to forgive and bless those who have hurt me or cursed me, but I do not receive their attacks or evil intentions. Having submitted to you and your word I resist the enemy and humbly draw (**James 4:7**) close to you, so he must flee in Jesus' name.

I thank you Lord for your blessings and favor. I resist every instrument or agent from the enemy; sickness, disease, pain, torment, witchcraft, curses, anxiety, fear, doubt, voodoo and unbelief. I accept the covenant blessings promised of health, healing, freedom, prosperity, and victory. I choose the fruit of the Spirit in my life overflowing. (**Galatians 5:22**: love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control). I put on the full armor of God (**Eph.6**) today and submit my life fully to you. Hide me under your wings so that the enemy can't touch me or my loved ones. Release your angelic covering (**Psalms 91**). With love and devotion to you my Lord!

Prayer of Surrender and Thanksgiving

I love you, O Lord my God, with all my heart, mind and strength. You are the Lord, and there is no other. There is no God besides You. Heavenly Father, I worship You in spirit and in truth!

- o *You are good and Your lovingkindness is everlasting! **Psalm 106:1***
- o *Thanks be to God the Father of my Lord Jesus Christ, who has blessed me with all spiritual blessings in heavenly places! **Ephesians 1:3***
- o *Thank You, Jesus, for pouring out Your love and tender mercies on me!*
- o *I look to You and give You thanks because You are able to keep me from falling, and to present me faultless before the presence of Your glory with exceeding joy. **Jude 24***
- o *Thank you, God, for supplying all my needs according to Your riches in glory! **Philippians 4:19***
- o *Thank You Father for not sparing Your own Son! Thank You for giving Him up for us all! **Romans 8:32***
- o *Thank you Father, that you are able to do exceedingly abundantly above all we ask or think, according to the power that works in us! **Ephesians 3:20***