



## EBPC Presents: Ten Minutes in the Story- Good Intentions Gone Wrong...

*Rediscovering the whole story of Scripture—then and now.*

*This week's daily practice invites you to spend just ten minutes a day with the Bible in your hands—reading, reflecting, and reconnecting with the larger story that shapes our faith.*

### How to use this daily practice:

**Read (3–6 min):** Old Testament first, then New Testament

**Reflect (2–4 min):** Short prompt.

**Practice (3–8 min):** One concrete, doable action.

**Prayer (30–60 sec):** One-sentence prayer.

**Journal/Share (1–2 min):** One question to note or discuss.

#### Day 1 — Creation & Incarnation

**Read:** Genesis 1:1–5; 26–31 → John 1:1–5; 14

**Reflect:** Where do you notice God's creative intention today?

**Practice:** 5-minute "creation pause": name 3 living things; commit to care for one.

**Prayer:** "Creator God, open my eyes to your life around me."

#### Day 5 — Lament & Hope

**Read:** Psalm 13 or Psalm 22 → Romans 8:18–25

**Reflect:** What are you grieving and where is hope present?

**Practice:** Write a one-paragraph lament; end with one sentence of hope.

**Prayer:** "Hold our grief, God, and kindle hope."

#### Day 2 — Covenant & Promise

**Read:** Genesis 12:1–3; 15:1–6 → Galatians 3:6–9, 14–16

**Reflect:** Which promise gives you courage?

**Practice:** Write one short promise to keep this week to someone in need.

**Prayer:** "God of promise, make me faithful in small things."

#### Day 6 — Wisdom & Discipleship

**Read:** Proverbs 3:1–12 or Ecclesiastes 3:1–8 → Matthew 7:24–29 or James 1:22–27

**Reflect:** What practical wisdom do you need this week?

**Practice:** Try one short habit (listening, restraint, generosity) for 24 hours.

**Prayer:** "Grant us wisdom to live what we learn."

#### Day 3 — Law & Love

**Read:** Exodus 20:1–21 → Matthew 5:17–20

#### Day 7 — Restoration & Sending

**Read:** Isaiah 61:1–3 or Joel 2:21–27 → Acts 2:42–47; John 20:19–23

<p><b>Reflect:</b> How does law guide you into love?</p> <p><b>Practice:</b> Two-minute exams: name one correction and one mercy today.</p> <p><b>Prayer:</b> “Teach us, Lord, to let law guide us into love.”</p>	<p><b>Reflect:</b> How has this week shaped your mission and belonging?</p> <p><b>Practice:</b> Commit to one ongoing action that integrates consolation + service; tell one person.</p> <p><b>Prayer:</b> “Send us, Spirit, to embody restoration and welcome.”</p>
<p><b>Day 4 — Prophetic Justice &amp; Gospel Mercy</b></p> <p><b>Read:</b> Amos 5:21–24 or Isaiah 58:6–12 → Matthew 25:31–46</p> <p><b>Reflect:</b> Where is God calling you to act for justice?</p> <p><b>Practice:</b> Take one 5–8 minute step: call, donate, sign up, or message a partner.</p> <p><b>Prayer:</b> “God of justice, give us courage to love with action.”</p>	<p><b>Next Sunday’s Service-</b></p> <p><b><i>Who Was this Jesus?</i></b> <i>Was Jesus Really Divine? Was Jesus Really Human?</i></p>