

1

Timothy

TRUTHS OF THE FAITH FOR THE NEXT GENERATION

Pastor
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JUNE 23, 2024

HOW TO BE AN INFLUENCER // 1 Timothy 4

THEMES of 1 TIMOTHY 4:

“ ¹² Don't let anyone look down on you because you are young, but set an example for the believers in speech, in conduct, in love, in faith and in purity.”

1 TIMOTHY 4:12 (NIV)

“ ⁸ Godliness has value for all things, holding promise for both the present life and the life to come.”

1 TIMOTHY 4:8b (NIV)

“ ¹ The Spirit clearly says that in later times some will abandon the faith and follow deceiving spirits and things taught by demons. ² Such teachings come through hypocritical liars, whose consciences have been seared as with a hot iron. ³ They forbid people to marry and order them to abstain from certain foods, which God created to be received with thanksgiving by those who believe and who know the truth. ⁴ For everything God created is good, and nothing is to be rejected if it is received with thanksgiving, ⁵ because it is consecrated by the word of God and prayer.

⁶ If you point these things out to the brothers and sisters, you will be a good minister of Christ Jesus, nourished on the truths of the faith and of the good teaching that you have followed. ⁷ Have nothing to do with godless myths and old wives' tales; rather, train yourself to be godly.

⁸ For physical training is of some value, but godliness has value for all things, holding promise for both the present life and the life to come.

⁹ This is a trustworthy saying that deserves full acceptance. ¹⁰ That is why we labor and strive, because we have put our hope in the living God, who is the Savior of all people, and especially of those who believe.

¹¹ Command and teach these things. ¹² Don't let anyone look down on you because you are young, but set an example for the believers in speech, in conduct, in love, in faith and in purity. ¹³ Until I come, devote yourself to the public reading of Scripture, to preaching and to teaching. ¹⁴ Do not neglect your gift, which was given you through prophecy when the body of elders laid their hands on you.

¹⁵ Be diligent in these matters; give yourself wholly to them, so that everyone may see your progress. ¹⁶ Watch your life and doctrine closely. Persevere in them, because if you do, you will save both yourself and your hearers.”

1 TIMOTHY 4:1-16 (NIV)

MAIN IDEA

Godly Influence doesn't just happen. It takes _____ .

“ ⁷ Take the time and trouble to keep yourself spiritually fit.”

1 TIMOTHY 4:7b (PHILLIPS)

KEY WORDS

Train yourself (7), Labor and strive (10), Devote yourself (13)
Don't neglect (14), Be diligent, Progress (15) Persevere (16)

“The central basis of Christian assurance is not how much our hearts are set on God, but how unshakably his heart is set on us.”

~ TIMOTHY KELLAR

HOW TO RUN THE RACE OF GODLY INFLUENCE

1. If you want to run well, you have to _____ well.

“ ⁸ For physical training is of some value, but godliness has value for all things, holding promise for both the present life and the life to come.”

1 TIMOTHY 4:8 (NIV)

Training (*greek*): _____

“ ¹⁴ Do not neglect your gift, which was given you through prophecy when the body of elders laid their hands on you.”

1 TIMOTHY 4:14 (NIV)

2. If you want to run well, you have to _____ well.

SPIRITUAL NUTRITION:

EAT THIS:

- Truth of the Faith
- Public Reading of Scripture
- Preaching
- Teaching

NOT THAT:

- Things Taught by Deceiving Spirits
- Things from Liars
- False Doctrine / Unbiblical
- Focus on Wrong Things (*godless myths, wives tales, dissension*)

3. If you want to run well you have to _____ well.

“ ¹⁶ Watch your life and doctrine closely. Persevere in them, because if you do, you will save both yourself and your hearers.”

1 TIMOTHY 4:16 (NIV)

MY FOCUS THIS WEEK:

Speech Conduct Love Faith Purity

DISCUSSION Questions:

COMMUNITY GROUP VIDEOS *available on the APP* |     Google TV

- 1- Who was the biggest Influencer in my life when I was growing up?
- 2- Do you see yourself as an influencer? Who are some people you might influence or be an example to?
- 3- Pastor Glen suggested a main idea of 1 Timothy 4 is Godly Influence doesn't happen by accident but requires intentional effort. Do you agree or not? What is your response to this idea?
- 4- Read verses 1-2. What do you think it means to have your "consciences seared"?
- 5- Paul often compares the Christian life to a race. Running well requires training, eating and focussing well. Which of these do you need the most these days? What are one or two of your favorite passages in 1 Timothy 4?
- 6- Of the qualities of Speech, Conduct, Love, Faith or Purity which is the one you would like to work on this week?
- 7- Who is someone that could use your Godly Influence?

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