



# bearfruit

KINDNESS & GOODNESS | FRUIT NINJA

APRIL 30TH, 2023  
STEVE STEELE

Ninja's \_\_\_\_\_ .

“ So I say, let the Holy Spirit guide your lives. Then you won't be doing what your sinful nature craves. The sinful nature wants to do evil, which is just the opposite of what the Spirit wants. And the Spirit gives us desires that are the opposite of what the sinful nature desires. These two forces are constantly fighting each other, so you are not free to carry out your good intentions.”

~ GALATIANS 5:16-17 (NLT)

If there is \_\_\_\_\_, you are not a \_\_\_\_\_ .

Our \_\_\_\_\_ leads to \_\_\_\_\_ .

“ When you follow the desires of your sinful nature, the results are very clear: sexual immorality, impurity, lustful pleasures, idolatry, sorcery, hostility, quarreling, jealousy, outbursts of anger, selfish ambition, dissension, division, envy, drunkenness, wild parties, and other sins like these. Let me tell you again, as I have before, that anyone living that sort of life will not inherit the Kingdom of God.”

~ GALATIANS 5:19-21 (NLT)

The \_\_\_\_\_ leads to \_\_\_\_\_ .

“ But the Holy Spirit produces this kind of fruit in our lives: love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control. There is no law against these things!”

~ GALATIANS 5:22-23 (NLT)

\_\_\_\_\_ of Love.

“ So now I am giving you a new commandment: Love each other. Just as I have loved you, you should love each other. Your love for one another will prove to the world that you are my disciples.”

~ JOHN 13:34-35 (NLT)

\_\_\_\_\_ of Joy.

“ Dear brothers and sisters, when troubles come your way, consider it an opportunity for great joy.”

~ JAMES 1:2 (NLT)

\_\_\_\_\_ of Peace.

“ I am leaving you with a gift - peace of mind and heart. And the peace I give is a gift the world cannot give. So don't be troubled or afraid.”

~ JOHN 14:27 (NLT)

\_\_\_\_\_ of Kindness.

“ *Instead, be kind to each other, tenderhearted, forgiving one another, just as God through Christ has forgiven you.*”  
~ EPHESIANS 4:32 (NLT)

\_\_\_\_\_ of Goodness.

“ *For we are God's masterpiece. He has created us anew in Christ Jesus, so we can do the good things he planned for us long ago.*”  
~ EPHESIANS 2:10 (NLT)

## so what?

Kindness & Goodness are both \_\_\_\_\_.

Kindness is an \_\_\_\_\_ . / Goodness is an \_\_\_\_\_ .

“ *If you love only those who love you, why should you get credit for that? Even sinners love those who love them! And if you do good only to those who do good to you, why should you get credit? Even sinners do that much! And if you lend money only to those who can repay you, why should you get credit? Even sinners will lend to other sinners for a full return.*

*Love your enemies! Do good to them. Lend to them without expecting to be repaid. Then your reward from heaven will be very great, and you will truly be acting as children of the Most High, for he is kind to those who are unthankful and wicked. You must be compassionate, just as your Father is compassionate.”*

~ LUKE 6:32-36 (NLT)

Do \_\_\_\_\_ , expecting \_\_\_\_\_ .

## discussion questions:

COMMUNITY GROUP VIDEOS *available on the APP* |    

- 1 - What is the most unusual fruit you have ever tried? What is your favorite fruit? What fruit do you refuse to eat?
- 2 - If you have kids (or had kids, or might someday have kids) how do (did, or will) you talk about spiritual things together? (Specifically, our sinful nature, and living out the fruit of the spirit).  
*Is it regularly, as situations present themselves? How can you be intentional about this?*
- 3 - Re-read Galatians 5:16-17. Where is the battle raging for you right now?
- 4 - Who is the best example in your life of kindness and goodness?  
*What is it about them that makes kindness so prevalent in their life?*
- 5 - Re-read Luke 6:32-36. What keeps you from doing the good things you know you should do?
- 6 - What one person, or one situation could benefit from your kindness this week? What will you do expecting nothing in return?

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267 N. MILLS AVE  
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