12/10/23

Welcome / Prayer

Hosea 4:6 My people are destroyed for lack of knowledge. What, out there, is important that the church know that the church might not readily be aware of? What's important in your eyes, that should be discussed?

https://www.brighteon.com/760775c4-69a4-4441-bcf2-3aaabe999428 Steve Slepcevik of SRP24 disaster recovery interview

- bring supplies / medical
- demolition work etc (boring)

Steve quayle posted article from allnewspipeline outlining the difference between 2 types of 'preppers'

citing USA Today https://www.usatoday.com/story/news/nation/2023/12/04/doomsday-preppers-and-election-2024-fears/71695426007/

- Chad Huddleston of Southern Illinois University Edwardsville, a professor and anthropologist who has studied the prepping community extensively →Many are worried about societal collapse due to 2024 elections (seeing what they did to us in 2020)
- A recent USA TODAY/Suffolk University Poll found that 67% of Americans think the country is facing either bigger problems than usual or is in the most troubled state they've ever seen.
- In the past 12 months, 39% of millennials and 40% of Gen Zers reported having spent money on prepping, according to Finder.com, which has collected similar data since at least 2017. Overall, almost 30% of Americans surveyed reported taking some steps toward emergency preparedness last year, up from about 25% in 2017, according to the annual Finder survey.
- <u>https://www.youtube.com/@SustainablePrepping</u> Brekke Wagoner "If you can be prepared, you won't be a drain on the resources needed to help the people who didn't prepare," said Wagoner, who has a 90-day supply of food set aside for her six-person family.

Back to Mike Adams interview – it took a weird turn, when asked about what he sees for Americans becoming more disaster-resistant (boy scouted), \rightarrow elites are building undergnd bunkers w/ 10y supply

https://www.insider.com/bunkers-increased-buyer-interest-survival-russian-invasion-photos-2022-4#two-us-basedbunker-manufacturers-told-insider-they-have-seen-an-uptick-in-bunker-sales-in-the-weeks-since-russia-invadedukraine-1

2 Texas-based companies that make survival bunkers say interest is higher than they've ever seen it

• "I get typically around 75 calls a day on average during the past month, with one or two sales average per day, which still amounts to about 50+ sales in a month," Gary Lynch, the CEO of steel bunker manufacturer Rising S Company

Martin Armstrong Rick Wiles "STRONGLY urge you to purchase storable foods"

Big picture – to establish a good habit or break a bad one, our 'mindset' needs to be out of this world and onto the next.

(hang in bars all the time & become an alcoholic, 1st thing is stop hanging in bars!, hang out elsewhere!)

Col 3:2 set your minds on things above

- *exercise* the mind, be mentally disposed toward something
- phroneo
- What's the opposite?

• kataphroneo- to despise

So kataphroneo isn't "despise" as in "I'm gonna punch you in the nose!" It is more referred to as 'backwards binoculars'

- What (binoculars slide) happens when you look through binoculars at something? What's happening when you look through binoculars? (why do you use them??)
- What happens to that object when you turn the binoculars around and look at the same object?
 - It's viewing it as if it is small
 - It is viewing down

So (deep thoughts slide) the opposite of viewing down is viewing up. (Jack Handey) (that's deep, I know)

- Remember this, because there is an old testament passage that shows you the same thing
- And this passage will be a foundation to help you in your pursuit of Christ!

Point – let your mindset be the opposite of "get outtahere kid!" on 'things above'. YOU set the mind.

- The mind controls the brain
- The brain shapes itself accordingly
- Behaviors flow out of the makeup of the brain

We'll finish down this lane but taking a detour first to show you something PT gave me to consider Do It for a Day: How to Make or Break Any Habit in 30 Days by Mark Batterson, CBC, AOG Pastor

Nobody here is endorsing this guy!

- He wrote, "Circle Maker" largely taken from ideas in the Talmud (Jew historical traditions)
- Deals with praying in circles
- Honi the Circle Maker = out of the Talmud
- Draws from Witchcraft

Is all prophecy good? Is all prophecy bad? How are we supposed to handle prophetic utterances then? 1 Thes 5: . 19 Do not quench the Spirit; 20 do not despise prophetic utterances. 21 But examine everything carefully; hold fast to that which is good;

Here are some relevant nuggets from his book

In 1974, Bob Speca was a sophomore at Marple Newton High School in Broomall, Pennsylvania. Around the time Bob Speca was setting world records, a physicist named Lorne Whitehead took a scientific interest in the domino chain reaction. Whitehead discovered that a domino is capable of knocking over a domino that is one and a half times its size. A two-inch domino can topple a three-inch domino. A three-inch domino can tumble a four-and-a-half-inch domino, ad infinitum. (ideally), the 21st domino could take down the Washington Monument (If the left wingers don't get to it first)

Consider

Song 2: 15 "Catch the foxes for us, The little foxes that are ruining the vineyards, While our vineyards are in blossom."

However small, have a devouring effect of the soul

John 14:12 - Truly, truly I say to you, the one who believes in Me, the works that I do, he will do also; and greater works than these he will do; because I am going to the Father.

Lu 19:17 "And he said to him, 'Well done, good slave, because you have been faithful in a very little thing, you are to be in authority over ten cities.'

There's a multiplying effect of the power of God in a person who yields himself to God's will.

Batterson (author, Do It For A Day)

says

pick a habit you want to start

- Make it measurable
- Make it meaningful
- Make it maintainable

Gives you instruction with scriptural references for the 1^{st} 7% of the book, The remainder is a day-by-day guide with scripture and helpful wisdom for 30 days i.e. Day $1 \rightarrow$ Day 30

NOTE AGAIN: I don't endorse this book. He is an AG pastor, that's all. He's also written a controversial book on dreams and fears called The Circle Maker. Beware and DO NOT buy this book if you are a young Christian.

- I skimmed this book
- I did not analyze it for church distribution
- Though filled with scripture, there could be a lot of 'self help' oatmeal in there.

Winding down...

We ("Switch" slide) looked at how members of the body serve as metaphors for our sinful nature. (Eye causes you to stumble, hand causes you to stumble)

Matt 15: 18 "But the things that proceed out of the mouth come from the heart, and those defile the man. 19 "For out of the heart come evil thoughts, murders, adulteries, fornications, thefts, false witness, slanders. 20 "These are the things which defile the man

Slight detour – how does murder/adulteries/fornications/thefts come out of the mouth? It's a metaphor

We covered how this works:

According to Schwartz & Begley of The Mind and the Brain: Neuroplasticity and the Power of Mental Force: the Quantum Zeno Effect (QZE). QZE is the repeated effort that causes learning to take place. When you go over and over something, reading it, thinking about it, writing it down, and then repeating this process, you deepen your knowledge and understanding, direct your attention, and grow nerve cells. The neurons in your brain line up and fire together because you are firing synapses over and over, which causes genetic expression to happen and makes the synapses and proteins stronger. The changes in your brain caused by this deep, repeated, intellectually targeted focus can be seen with brain imaging techniques.6

Basically the QZE stipulates that your brain becomes what you focus on and how you focus.

So the consequence is a structural change in the brain that produces behavior because we operate from what we have built into our brain.

Romans 8:6For the mind set on the flesh is death, but the mind set on the Spirit is life and peace, 7because the mind set on the flesh is hostile toward God; for it does not subject itself to the law of God, for it is not even able to do so, 8and those who are in the flesh cannot please God.