

1. "Is Social Media Damaging My Ability to Read the Bible?" – The Gospel Coalition
 - Social media fragments attention and severely weakens deep Bible reading and meditation.
 - Constant notifications break Scripture time into 5-minute chunks, destroying sustained focus and reflection.
 - Scrolling dulls the mind's ability to wrestle with truth, reducing capacity for slow, transformative engagement with God's Word.
 - The author reports personal loss of deep meditation skills after habitual social media use.
2. "Social Media and Prayer: Pursuing God Through the Noise" – Indiana Wesleyan University (2025)
 - Social media harms well-being, habit formation, and goal pursuit — directly hurting consistent prayer life.
 - It fuels escapism, FOMO, anxiety, and depression, pulling believers away from time with God.
 - Research participants overwhelmingly wanted less social media and more prayer.
 - Addictive design makes breaking the cycle extremely difficult without deliberate reset.
3. "The Perils of Social Media" – C.S. Lewis Institute (2022)
 - Social media is like cake. In moderation, it is tasty and enjoyable, but consume too much of it and it will make you feel sick.
 - Social media often becomes
 - an idol by stealing massive daily time from prayer and Scripture.
 - It reduces focus and presence, making authentic relationship with God and others harder.
 - When it displaces Bible time and prayer, it shifts from tool to dangerous addiction.
 - Recommendation: Begin each day with prayer/Scripture instead of reaching for the phone first.

Zuckerberg claims social media isn't harmful to mental health—here's what the science says

- Social media is linked to increased risks from cyberbullying, discrimination, and exposure to self-harm or eating disorder content.
- "likes", follower counts, notifications, and infinite scrolling are intentionally designed to keep users engaged, exploiting adolescents' sensitivity to social reward.
- Heavy social media use contributes to sleep deprivation, which is associated with poorer mood, academic performance, and brain development.

Psalm 19

Trend stats from George Barna / other on the infallibility of Scripture – is the bible God's word?

Key takeaways:

- Left column: strict literalist belief has roughly cut in half since the early 1980s.
- Far right column: The "fables/legends" skeptical view has more than doubled.
- The lukewarmies in the middle are still lukewarmie LOL

Also from Barna Research – and we're talking about specifically →

Overall biblical worldview (Barna/CRC American Worldview Inventory):

Seven cornerstones to restoring biblical world view

1. An orthodox, biblical understanding of God.
2. All human beings are sinful by nature; every choice we make has moral considerations and consequences.
3. Knowing Jesus Christ is the only means to salvation, through our confession of sin and reliance on His forgiveness.
4. The entire Bible is true, reliable, and relevant, making it the best moral guide for every person, in all situations.
5. Absolute moral truth exists—and those truths are defined by God, described in the Bible, and are unchanging across time and cultures.
6. The ultimate purpose of human life is to know, love, and serve God with all your heart, mind, strength, and soul.
7. Success on earth is best understood as consistent obedience to God—in thoughts, words, and actions.

All that to say, *this* biblical world view has Dropped from ~12% in the mid-1990s to 4% in recent years

<https://x.com/CatchUpFeed/status/2046641060059959679>

Bishop Yvette Flunder

- She's the senior pastor of City of Refuge United Church of Christ in Oakland, California.
- She's a prominent voice in affirming/LGBTQ+-inclusive ministries, often described as a "womanist" theologian who emphasizes liberation theology and radical inclusivity.
- She's been "married" to her same-sex partner, Shirley Miller, and leads a network of primarily African American churches.

So there.

- Third testament
- Tear out the page
- Not the word of God, but words about God

Brian McLaren is an American Christian author and former pastor who has written many best selling Christian books you can buy on [Amazon](#).

He is known for advocating progressive Christianity

- Progressive Christianity is a movement that often reinterprets traditional Christian doctrines in light of modern scholarship, culture, and social concerns, and typically embraces a more flexible approach to biblical interpretation and theology.
- Thus, he spends his days above ground questioning traditional evangelical doctrines, including biblical inerrancy.

Commenting in his blog post "More on the Bible..." (January 5, 2015) referring to an article he wrote in Premier Christianity, January 2015, titled "The Progressive Jesus didn't treat Scripture as infallible; nor should we.")

"Scripture, then, offers us something far better than mere infallibility or inerrancy. It offers a record of ongoing learning, growth and corrigibility, leading us to Christ, who in turn entrusts us to the Holy Spirit who will, Jesus promised, guide us into more and more truth, as we are ready to bear it."

From a blog post "The biblical cat is out of the fundamentalist bag" (February 20, 2014) he is endorsing Steve Chalke - a prominent British Baptist minister and founder of the Oasis Trust who advocates for the full inclusion of LGBTQ+ people in Christian church life.

"We do not believe that the Bible is 'inerrant' or 'infallible' in any popular understanding of these terms. In truth, there is nothing in the biblical texts that is beyond debate and questioning, and healthy churches are ones

that create an environment which welcomes just that. The biblical texts are not a 'divine monologue', where the solitary voice of God dictates a flawless and unified declaration of his character and will to their writers."

And finally, from his 2010 book "A New Kind Of Christianity" –

"Scripture faithfully reveals the evolution of our ancestors' best attempts to communicate their successive best understandings of God. As human capacity grows to conceive of a higher and wiser view of God, each new vision is faithfully preserved in Scripture like fossils in layers of sediment."

The guy still write books and has a following.

So who exactly is following him? It's part of the "80% of americans are christians "

Rob Bell? his disciple. affirms LGBTQ+, re-defines what heaven and hell are etc.

What say you?

Discussion?

Psalm 19

1 For the choir director. A Psalm of David. The heavens are telling of the glory of God; And their expanse is declaring the work of His hands. ² Day to day pours forth speech, And night to night reveals knowledge. ³ There is no speech, nor are there words; Their voice is not heard. ⁴ Their line has gone out through all the earth, And their utterances to the end of the world. In them He has placed a tent for the sun, ⁵ Which is as a bridegroom coming out of his chamber; It rejoices as a strong man to run his course. ⁶ Its rising is from one end of the heavens, And its circuit to the other end of them; And there is nothing hidden from its heat.

⁷ The law of the LORD is perfect, restoring the soul; The testimony of the LORD is sure, making wise the simple. ⁸ The precepts of the LORD are right, rejoicing the heart; The commandment of the LORD is pure, enlightening the eyes. ⁹ The fear of the LORD is clean, enduring forever; The judgments of the LORD are true; they are righteous altogether. ¹⁰ They are more desirable than gold, yes, than much fine gold; Sweeter also than honey and the drippings of the honeycomb. ¹¹ Moreover, by them Your servant is warned; In keeping them there is great reward. ¹² Who can discern *his* errors? Acquit me of hidden *faults*. ¹³ Also keep back Your servant from presumptuous *sins*; Let them not rule over me; Then I will be blameless, And I shall be acquitted of great transgression. ¹⁴ Let the words of my mouth and the meditation of my heart Be acceptable in Your sight, O LORD, my rock and my Redeemer.

Jews never doubted Scripture Inerrancy

18th century "enlightenment period" brought skeptics

1978 Chicago [Statement](#) on Biblical Inerrancy

As you can see, this only lasts so far and another "turning" takes place where everything is questioned.

V1-6 God reveals Himself to His world, generally, e.g.

Rom 1:20 For since the creation of the world His invisible attributes, His eternal power and divine nature, have been clearly seen, being understood through what has been made, so that they are without excuse.

V7-14 God reveals Himself in His Word – specifically

Heb 1: 1 God, after He spoke long ago to the fathers in the prophets in many portions and in many ways, 2 in these last days has spoken to us in His Son

and

John 1: ¹ In the beginning was the Word, and the Word was with God, and the Word was God.

and finally

2Tim 3: 16 All Scripture is inspired by God and profitable for teaching, for reproof, for correction, for training in righteousness; ¹⁷ so that the man of God may be adequate, equipped for every good work.

V1-6 the way He revealed Himself is a nonverbal revealing

V7-14 It is a verbal revealing
