

8/2/26

Feast and famine. This is a flood.

<https://x.com/HealthRanger/status/2083587602821661043>

Energy – oil nightmare. Diesel nightmare. Diesel brings us food and “stuff”. Shipping costs & delays
Fertilizer - 20–35%+ of key traded nitrogen fertilizers and related inputs delayed or stranded
Food production and prices: lower yields (fertilizer), higher prices at grocery

<https://x.com/MindNexusLive/status/2080352572783698198>

This is from Jesse Beltran the nanotech scanner guy that finds tech in your body

Mainstream news is now openly talking about Coca-Cola's five-year, \$1.1 billion agreement with Microsoft to expand its use of artificial intelligence and cloud technology.

AI is already being used to study consumer behavior, manage supply chains, develop products, track purchasing habits, analyze data, and automate major parts of production. At the same time, nanotechnology is being developed for food, medicine, agriculture, packaging, and delivery systems designed to move substances through the body.

- Point – if you saw all the horrible stuff in the Fauci hearings (what we talked about here 5 y ago!!), REALIZE that you should never trust this world's system.
- All that is in the world, lust of the flesh.... – that's the system of the god of this world.
- Do not trust it or be naïve and suffer.

Zeroing in on why we are memorizing...

https://x.com/alex_prompter/status/2079951458137763840

OpenAI's AI broke out of a locked test environment, got onto the internet, and hacked into Hugging Face's servers. It did this entirely on its own.

<https://x.com/itscoachgoodman/status/2083527082223563157>

- hackers exploited cold wallet vulnerability seed phrase generation, allowing them to use AI-assisted brute force to recover seed phrases (12 to 24 random words in order, not a password) and steal approximately 18.25 BTC (about CAD \$1.6 million) from wallets they believed were securely stored offline.
- This hack was over \$70M yesterday and counting

<https://x.com/Rainmaker1973/status/2083144697015382064>

AI companies are acquiring large quantities of used and rare books, scanning them to create training datasets, and often destroying the physical copies afterward.

See a problem with this?

- Destruction of our history
 - re-writing our history
 - interpretation of language

As yuval hurari said, it is a master of languages. It will teach you what you need to know.

ASI – it will be your god if you are on the inside of the system, if you merge with it.

And what happens when the bible is no longer available? Book of Ely anyone?

This is why we are memorizing.

Memorization – how to memorize Scripture

So in memorizing Scripture (but can apply elsewhere) the brain is multifaceted & learns in several ways.

- We're after comprehensive cognitive engagement,
- so you could boil that down to 5 exercises from RIGHT NOW to 5 years from now
 - e.g. building a house, from digging foundation to how to clean the gutters 2 years from now.

1. Observe the material accurately. (pick a version and stick with it)
2. Understand its meaning and structure. (here)
3. Reproduce it from memory. (writing, speaking)
4. Integrate it with what has already been learned. (add v2 to v1, add v3 to “your passage”)
5. Review it over time until it becomes durable. (revisit once in awhile)

<https://pubmed.ncbi.nlm.nih.gov/26806627/>

Nature Reviews Neuroscience (Smolen et al., 2016) concludes that memories become more durable when review sessions are spaced increasingly farther apart rather than massed together

<https://pubmed.ncbi.nlm.nih.gov/26806627/>

“Spacing Repetitions Over Long Timescales: A Review and a Reconsolidation Explanation”
reviews separated by days, weeks, and months outperform closely packed reviews

Verb	Why it's needed
Observe	The learner must first encounter the material accurately. Reading, hearing, and copying establish the initial memory trace and ensure the words are learned correctly from the start. (read it)
Understand	Meaning provides structure. Knowing what the words mean, why they were written, and how the ideas connect creates additional pathways for recalling the text later. (our discussion of the passage, during class)
Reproduce	Memory is strengthened by retrieval, not just exposure. Writing or reciting from memory reveals what is known, exposes gaps, and reinforces successful recall. (Copying, repeating w/ pencil and audibly)
Integrate	Individual pieces must become a unified whole. Continually combining newly learned sections with previously mastered ones prevents isolated memories and builds a continuous, fluent recitation. (after v1, you do v2 in isolation. THEN you integrate those 2 together, v1 and v2 together)
Review	Memories naturally weaken over time. Returning to the material at increasing intervals preserves accuracy, deepens retention, and moves the text into long-term memory. (you’ve mastered it but you’ll forget it in 6 months...)

Try verse 1

Observe - Read it several times, then we will try hand-copying. Why?

You can’t write as fast as you can read or think. That slower pace forces you to attend to each word individually.

You notice things like

- word order,
- spelling,
- punctuation,
- repeated words,
- poetic structure.

When you handwrite, several systems are working together:

- visual (seeing the text),
- motor (forming each letter),
- tactile (feeling the pen and paper),
- linguistic (processing the words),

- attentional (monitoring accuracy).

Reproduce –

1. hand-copy this a few times
2. Try copying it w/ original text covered, until you need to peek, then peek
3. Repeat until you can do it w/out looking
4. Audibly read this aloud
5. Audibly repeat it w/ it covered until you must peek.
6. Repeat until you can say it fully w/out peeking.