- To deny that hardships exists in the world today is unrealistic.
- Walking out this life, at times, can be daunting.

Psalm 6:6-7 "I am weary with my moaning; every night I flood my bed with tears; I drench my couch with my weeping. My eye wastes away because of grief; it grows weak because of all my foes."

Psalm 51:1-3 "Have mercy on me, O God, because of your unfailing love. Because of your great compassion, blot out the stain of my sins. Wash me clean from my guilt. Purify me from my sin. For I recognize my rebellion; it haunts me day and night."

Psalm 46 "God is our refuge and strength, a very present help in trouble.² Therefore we will not fear though the earth gives way, though the mountains be moved into the heart of the sea,³ though its waters roar and foam, though the mountains tremble at its swelling.

Selah

⁴There is a river whose streams make glad the city of God, the holy habitation of the Most High. ⁵God is in the midst of her; she shall not be moved; God will help her when morning dawns. The nations rage, the kingdoms totter; he utters his voice, the earth melts. The nations rage, the kingdoms totter; he utters his voice, the earth melts. ⁷The LORD of hosts is with us; the God of Jacob is our fortress.

Selah

Come, behold the works of the LORD, how he has brought desolations on the earth.⁹ He makes wars cease to the end of the earth; he breaks the bow and shatters the spear; he burns the chariots with fire. "Be still, and know that I am God. I will be exalted among the nations, I will be exalted in the earth!" ¹¹ The LORD of hosts is with us; the God of Jacob is our fortress."

Jeremiah 29:11 "For I know the plans I have for you, declares the Lord, plans for welfare and not for evil, to give you a future and a hope."

1 Peter 1:3 "Blessed be the God and Father of our Lord Jesus Christ! According to his great mercy, he has caused us to be born again to a living hope through the resurrection of Jesus Christ from the dead."

1 Thessalonians 1:3 "We remember before our God and Father your work produced by faith, your labor prompted by love, and your endurance inspired by hope in our Lord Jesus Christ."

Colossians 1:27 "To them God has chosen to make known among the Gentiles the glorious riches of this mystery, which is Christ in you, the hope of glory."

2 Corinthians 4:16-18 "That is why we never give up. Though our bodies are dying, our spirits are being renewed every day. ¹⁷ For our present troubles are small and won't last very long. Yet they produce for us a glory that vastly outweighs them and will last forever! ¹⁸ So we don't look at the troubles we can see now; rather, we fix our gaze on things that cannot be seen. For the things we see now will soon be gone, but the things we cannot see will last forever."



He's got the whole world in His hands.

