

Text: Ephesians 6:18

Topic: Prayer

Series: Ephesians

Paradise Valley Community Church

Date: April 21, 2024

Title: The Life of Prayer

## Introduction

I. Pray: \_\_\_\_\_ (v.18a)

II. Pray: \_\_\_\_\_ (v.18b)

III. Pray: \_\_\_\_\_ (v.18c)

IV. Pray: \_\_\_\_\_ (v.18d)

## Conclusion

## APPLICATION QUESTIONS

These questions are provided for further study and application of today's message. Thoughtfully writing out the answers will help drive home the point of today's message. It is also helpful to discuss your answers with others.

**1.** Look at Ephesians 1:15-23, 3:14-21. After reading each prayer, what “kinds” of prayers are offered? What does Paul thank God for? What does He ask God to do? How does Paul's prayers compare to yours?

**2.** Read 1 Thessalonians 5:16-18. In your own words, what is praying without ceasing? What does that practically look like?

**3.** Praying in the Spirit is praying guided and empowered by God's Spirit. How does someone put themselves in a situation for the Spirit to guide one's prayers?

**4.** The importance of prayer is not hard to see in the Bible. The practice of prayer, on the other hand, is a discipline. This week, turn open your Bible and read Ephesians 6:10-18. Pray for yourself and others what you see in that passage. Secondly, turn to Psalm 37 and do the same. Record how reading scripture and praying in response impacted your prayer time.

### Recommended Resources

Whitney, Donald S. *Praying the Bible*. Wheaton, IL: Crossway, 2015.

Whitney, Donald S. *Spiritual Disciplines for Christian Life (Revised and Updated)*. NavPress, 2014. (See the chapter on Prayer)