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## SHARE THE JOURNEY

### GET INVOLVED

#### Sunday, March 15

9:30a Sunday School  
10:45a Worship Service  
10:45a Kid's Church  
No evening services

#### Tuesday, March 17

6:00p Celebrate Recovery

#### Wednesday, March 18

12:00p Worship Center open for prayer  
No evening activities

#### Thursday, March 12

6:15p Trail Life

(Please note that the calendar was correct at the time of printing. Changes may have occurred after printing that would cause the calendar to be inaccurate.)

Prayer request cards and newcomer cards are in the pews. You can fill it out and drop it in the offering plate. Thank you for letting us share your journey.

### GIVING

The offering today will be a little different. You can drop your gift in the offering plate as you exit, or you can give your envelope to the people at the Welcome Center. If you are choosing to stay at home, you can mail a check to the church - attn: Rebecca. You can give on-line at nbcvictoria.org or text to give at 206-859-9405.

### COUNT OUR BLESSINGS

Budget Gifts Last Week	\$ 17,031
Given Year to Date	\$ 613,610
Need Year to Date	\$ 632,852

## STOPS ON THE JOURNEY

Go to nbcvictoria.org/wg for a digital copy of this Worship Guide



### STRATEGOS INT'L CHURCH SECURITY TRAINING

Register now for our church security training on April 4 from 8:00am - 4:00pm. This is comprehensive training that includes recognition, awareness and response, and a 2.5 hour lock down simulation. The cost for Northsiders is \$5. Training includes lunch. There **will be** childcare for Northsiders during this training. Everyone is invited to this training. Register on the events page at nbcvictoria.org. Registration deadline: April 1.

### OPERATION CHRISTMAS CHILD

In March we are collecting bar soap for shoeboxes. Bring your donation of bar soap to a Connect Center or the church office.

### MISSION TRIP HUDDLES

There is a Colorado Mission Trip huddle right after the worship service on March 22. On March 29 there is a Costa Rica Mission Trip huddle right after the worship service. If you are interested in either of these trips, plan to go.

### MEN'S SOFTBALL TEAM

Sign up at a Connect Center today to be on the Northside Knockouts softball team. You must be 16 or over to play. Questions? Contact Kennis Heinold or Dean Meade.



### LADIES HOME MAINTENANCE WORKSHOP

Join other ladies on April 8 at 1:30pm for the next Ladies Home Maintenance Workshop. Sign up at a Connect Center today.

### EASTER "EGG" STRAVAGANZA

This Easter we are having an Easter egg hunt for the pre-schoolers. Children K - 5th grade are having a Pinata Egg Bust. All this is April 12 during extended care and Kid Worship. Dave is asking for candy to fill the eggs or pinata. Drop off your candy at a Connect Center or the church office.

### GROUP LIFE PREVIEW

Come on March 22 at 5:00pm to see what classes are about to start. New classes will begin March 29.

### PRE-TEEN CAMP

Kids 3rd - 5th grade can register now for Over the Edge Pre-teen camp. Camp is July 30 - August 3. The cost is \$285 with a \$150 deposit due by June 28. You can register on the event page of nbcvictoria.org.

### REMINDER

There will be no evening activities at Northside tonight.

### NORTHSIDE BAPTIST SCHOOL

Our school is enrolling now for the 2020-21 school year. Northside Baptist School offers a Christian education for children 2 yrs old - 5th grade.

The school also offers Eagle Camp for the summer. Kids 3 - 11 years old can spend the summer with fun activities and field trips all staffed with experienced adult educators. Call 361-578-5601 for more information about the school or Eagle Camp.

### QUARTERLY CHURCH CONFERENCE

March 29 at 6:30pm in the Fellowship Hall is the time and place for the next Quarterly Church Conference. Stay informed.

### STUDENT CAMPS

Registration is open for High School and Junior High camps at nbcvictoria.org events page. Even if you signed up as interested you have to register online. You can pay a deposit of \$60 or pay the entire amount due, but you have to register. High School Camp is June 22-26. Junior High Camp is June 29-July 3.

### ORPHANAGE PIGGY BANK

Have you seen the giant piggy bank in the foyer of the worship center? We are collecting money for the orphanage in Costa Rica. All money in "the pig" will go to the orphanage. Our goal is \$4,000. Can you spare some change?



### ANNIE ARMSTRONG OFFERING

March is North American Missions offering month. All money collected goes for missions. Northside's goal is \$13,000. Please mark your envelope "Annie Armstrong".



# THOUGHTS ON THE JOURNEY

Do any of the following phrases sound familiar? We have just been so busy. I am so tired. I feel like I am on the verge of a breakdown. I wish I did not wake up each morning feeling like I have no energy. Someone get the coffee going. All these things reflect a society that is too busy and too connected. Maybe we need to begin to consider a different approach.

Today, we will examine what it means to have a Sabbath rest. What would happen in your life if you set aside one day a week to rest, reflect, and spend time with our Lord? (Just by mentioning that, I gave some of you an anxiety attack.) What if I told you that God designed us for this? He did not intend for us to constantly be on the go, always trying to do more and more.

“ Today, we will examine what it means to have a Sabbath rest. What would happen in your life if you set aside one day a week to rest, reflect, and spend time with our Lord? ”

God has set up all of creation to work in a six and one rhythm. Six days to work, one to rest. He even goes so far as to develop a Sabbath plan for the land; farm the land for six years and let it rest one. Unfortunately, we have become so connected that it is difficult to find an hour to rest, much less a day. Thus, we continue to press on as depression, anxiety, and frustration reach all new levels.

Let me challenge you to consider finding a day a week for a Sabbath rest. That would be a day for rest, reflection, worship, and restoration. Maybe that day is Sunday for you. Maybe Sundays do not work, and it needs to be another day. I'm not so sure the day of the week matters, just that there is a day. Yes, it will mean you have to postpone a thing or two. However, I have a hunch we will get much more done in six days if we take the seventh to rest. Could it be that we are missing one of God's greatest gifts?

Honored to be your pastor,

DARRELL

# TODAY'S WORSHIP

*Come, Christians, Join to Sing*  
(Bateman)

*Hosanna (Praise Is Rising)*  
(Brown/Baloche)

## BAPTISM

*Praise to the Lord, the Almighty*  
(Neander/Gasangbuch/Bennett/Greer)

*10,000 Reasons with Doxology*  
(Redman/Myrin)

## WELCOME & PRAYER

*Speak, O Lord*  
(Getty/Townend)

*More Like Jesus*  
(Ligertwood/Ligertwood/Younger/Stanfill)

## MESSAGE

*A Sabbath Rest*  
Exodus 20:8-11; Mark 2:23-28  
DARRELL TOMASEK

## TIME OF COMMITMENT

*Only Trust Him*  
(Stockton)

## THIS WEEK AT NORTHSIDE

## CLOSING PRAYER

PLEASE DROP YOUR OFFERING IN AN OFFERING PLATE AT THE EXIT DOORS

CCLI #2234

# SERMON NOTES



## A Sabbath Rest

Exodus 20:8-11; Mark 2:23-28

**THE BIG IDEA:** God has designed each of us for a specific rhythm of work (six days) and Rest (one day).

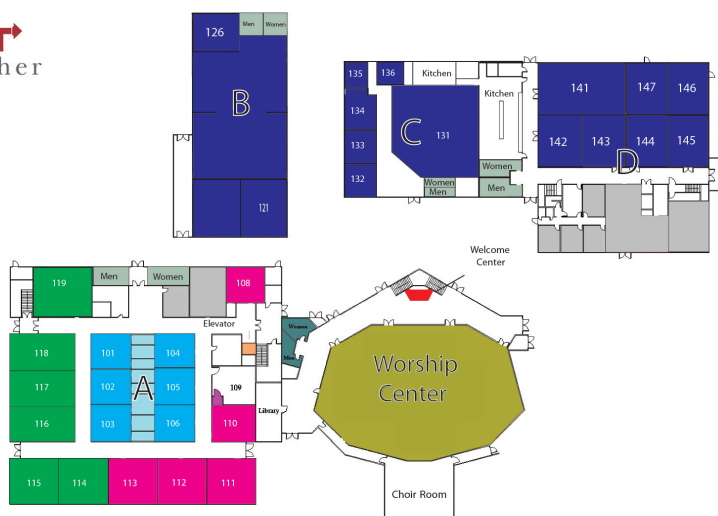
- God \_\_\_\_\_ and \_\_\_\_\_ a Sabbath Rest (Ex. 20:8-11).
- The Sabbath is for \_\_\_\_\_ (Mark 2:23-28).
- The Sabbath accomplishes several things:
  - It is intended to be a time of \_\_\_\_\_ (Deut. 5:12-14).
  - It is a \_\_\_\_\_ of what God has done (Deut. 5:15).
  - It is a remind of God's \_\_\_\_\_ faithfulness (Eze. 20:19-20).
- The Sabbath \_\_\_\_\_ what is to come (Hebrews 4:8-11).

Rewind

- Are you too busy?
- What can be done in your life to create margin?
- What would happen in your life if you had time for rest, reflection, and restoration?
- What is one thing you will commit to do in light of this sermon?

# WELCOME TO NORTHSIDE

UP IN OUT  
journey ^ together



## LISTEN ONLINE

Sunday Sermons are on our website: [nbcvictoria.org](http://nbcvictoria.org)



## Connect @ Northside

Visit our website @ [nbcvictoria.org](http://nbcvictoria.org) for:

- Pastor's Blog
- Up-to-date Northside happenings
- Online event registrations
- Facebook
- Newsletter

## Connect with YouVersion

1. Open *You Version Bible* app.
2. Click more.
3. Go to Events and find Northside.

To get wi-fi in the Worship Center, choose the *northside mar* network. The password is *john 316*.