

# DO NOT BE ANXIOUS...

MATTHEW 6:25-34



## DON'T BE LIKE THE HYPOCRITES, BUT LIVE TRUTHFULLY AS CITIZENS OF THE KINGDOM OF HEAVEN.



### MATTHEW 6:25-34

"Therefore I tell you, do not be anxious about your life, what you will eat or what you will drink, nor about your body, what you will put on. Is not life more than food, and the body more than clothing? Look at the birds of the air: they neither sow nor reap nor gather into barns, and yet your heavenly Father feeds them. Are you not of more value than they?"

### MATTHEW 6:25-34 (cont.)

"And which of you by being anxious can add a single hour to his span of life? And why are you anxious about clothing? Consider the lilies of the field, how they grow: they neither toil nor spin, yet I tell you, even Solomon in all his glory was not arrayed like one of these. But if God so clothes the grass of the field, which today is alive and tomorrow is thrown into the oven...



### MATTHEW 6:25-34 (cont.)

"...will he not much more clothe you, O you of little faith? Therefore do not be anxious, saying, 'What shall we eat?' or 'What shall we drink?' or 'What shall we wear?' For the Gentiles seek after all these things, and your heavenly Father knows that you need them all."



### MATTHEW 6:25-34 (cont.)

"But seek first the kingdom of God and his righteousness, and all these things will be added to you. Therefore do not be anxious about tomorrow, for tomorrow will be anxious for itself. Sufficient for the day is its own trouble."





"The recognition that the Father knows, sees, and understands our lives. He cares for us, and he accepts us as we are in Christ. He plans to change us. But that transformation grows out of his acceptance (grace); that transformation does not produce his acceptance (works)."

SINCALIR FERGUSON



### "THEREFORE", HEREECRA



### MATTHEW 6:25a

"Therefore I tell you..."



#### THE CAUSE OF ANXIETY

1. HAVING OUR TREASURE IN THE WRONG PLACE



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2. THINKING ABOUT OUR LIVES IN THE WRONG WAY



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1. HAVING OUR TREASURE IN THE WRONG PLACE

2. THINKING ABOUT OUR LIVES IN THE WRONG WAY

3. SERVING THE WRONG KIND OF MASTER



"The problem with anxious people is not merely that they are thinking negatively about life. It is much more radical than that. Anxious people think untheologically about life! Their mistake is not that they have a low self-image; it is that 'in all their thoughts there is no room for God' (Ps. 10:4). It is only when their focus upon the Lord is restored that they can finally experience the conquest of anxiety."

SINCALIR FERGUSON



#### FOUR EXHORIATIONS

- 1. LOOK AT THE WHOLE OF LIFE
- 2. LOOK AT THE PURPOSE OF LIFE
- 3. LOOK AT THE GENEROSITY OF THE LORD
- 4. SEEK FIRST THE KINGDOM



## LOOK AT THE WHOLE OF LIFE



### MATTHEW 6:25-26

"Therefore I tell you, do not be anxious about your life, what you will eat or what you will drink, nor about your body, what you will put on. Is not life more than food, and the body more than clothing? Look at the birds of the air: they neither sow nor reap nor gather into barns, and yet your heavenly Father feeds them. Are you not of more value than they?"



## LOOK AT THE PURPOSE OF LIFE



### MATTHEW 6:27

"And which of you by being anxious can add a single hour to his span of life?"



"You will have all you need to fulfil that purpose, and when that is accomplished, you will be taken home to be with him."

SINCLAIR FERGUSON



### GENEROSITY OF



### MATTHEW 6:28-32

"And why are you anxious about clothing? Consider the lilies of the field, how they grow: they neither toil nor spin, yet I tell you, even Solomon in all his glory was not arrayed like one of these. But if God so clothes the grass of the field, which today is alive and tomorrow is thrown into the oven, will he not much more clothe you, O you of little faith?"

### MATTHEW 6:28-32 (cont.)

"Therefore do not be anxious, saying, 'What shall we eat?' or 'What shall we drink?' or 'What shall we wear?' For the Gentiles seek after all these things, and your heavenly Father knows that you need them all."





### "How foolish is it to seek the GIFT when it is possible to seek the GIVER?"

SINCLAIR FERGUSON



## SEEK FIRST THE KINGDOM



### MATTHEW 6:33-34

"But seek first the kingdom of God and his righteousness, and all these things will be added to you. Therefore do not be anxious about tomorrow, for tomorrow will be anxious for itself. Sufficient for the day is its own trouble."



"To seek first the kingdom does not mean Christians lack ambition; rather, it means we have different ambitions. Everyone needs a purpose, a direction, an ambition in life. It is sad when twenty-year-olds drift in and out of college, shift from one job to another, or go from one relationship to another. It is sadder still when a mature adult drifts aimlessly. Ambition is good, if it seeks first God's kingdom and his righteousness."

DANIEL DORIANI



"Great is Thy faithfulness," O God my Father,
There is no shadow of turning with Thee;
Thou changes not, Thy compassions, they fail not
As Thou hast been Thou forever wilt be.

"Great is Thy faithfulness!" Great is Thy faithfulness!" Morning by morning new mercies I see; All I have needed Thy hand hath provided—
"Great is Thy faithfulness," Lord, unto me!

#### **GREAT IS THY FAITHFULNESS**

Thomas Obadiah Chisholm 1925



