



**Welcome:** If you could plan your ultimate vacation, where would you go?

**Worship:** Listen to “In Christ Alone” by Keith & Kristyn Getty, Alison Krauss  
<https://www.youtube.com/watch?v=16KYvflc2bE&feature=youtu.be>

**Word:** Read Philippians 3:17-21, 2 Chronicles 7:13-15

1. How would you define gluttony in the strict sense of eating/drinking?
2. How did Pastor Bryan expand to include many of the “7 Deadly Sins?”
3. Why do we fast?
4. Why does God take us through seasons of deprivation?
5. Reflecting over the series, which of the messages landed upon you in the most profound way? Why?
6. How does God’s plan for Monterey Church encourage and challenge you personally?

**Witness:** Please close by praying for His Kingdom to come and Will to be done though our Body (and every member of it).