



Welcome: What is your favorite thing to do in the Spring?

Worship: Listen to "Rest" by Matt Maher.

Word: Read *Genesis 2:1-3*

What was the purpose for God to "rest"? What was the purpose of the "rest" for humanity before the fall?

At this point before the fall, creation was considered good. So, why was it necessary to call the 7th day Holy?

Describe the vast array that were the heavens and the earth. What did this spiritually include?

Why do you think "Remembering the Sabbath and keeping it holy" was included in the law?

PBJ said the Sabbath was a lifestyle not just a day, what you think he meant?

How are we to keep the Sabbath? Why is it essential to us?

Read *1 Chronicles 29:10-13*. How was David's ability to perceive the connection between Kingdom of God and his earthly kingdom the secret of his success? (Relate this back to your own life)

Witness: Close in prayer; asking God to show you this connection in your own life (family, business, community, health, etc.)