



Welcome: How are you holding up on your new year resolutions?

Worship: Read Psalm 30

Word: Read Luke 4:1-13, Hebrews 2:17-18, Hebrews 4:15, 1 Cor. 10:13

1. What stood out to you most from the Scriptures/sermon?
2. In what ways do we see Jesus tempted by Satan here, and how can you relate?
3. Share a time when you felt completely alone/helpless in your struggle with temptation and share what helped you overcome it.
4. What lie does Satan whisper to distract you from the truth and love of God?
5. Take a few minutes and read the "Who I Am" bookmark to yourself, and star the statements that stood out to you, are hard for you to believe or that you need to focus on this week. Then go around and share with the group about the statements you starred.
6. Jesus modeled and commanded us to pray and fight temptation using scripture. Why? What verses help you?
7. Are you equipped to find victory in your next struggle? What is one step you can make this week to make sure that you are prepared?

Witness: It's the New Year, and people all around us are ready for change in their life. As we launch into the GST, who is someone on your mind that you could invite to church this week?