



Welcome: Where is your favorite place to shop for shoes?

Worship: Read Psalm 149

Word: Read Hebrews 6:1-3,
1 Corinthians 9:24-27

1. What challenged you most about this week's Scriptures/message?
2. How can you relate spiritual discipline to Paul's illustration of a disciplined athlete?
3. Why is growth and maturity in our faith so important?
4. How do spiritual disciplines help you find grace in order to overcome sin? Can you give an example from your own life?
5. Consider your faith journey and our discipleship model. Where are you lacking spiritual discipline?
6. What is one spiritual discipline that you can begin to focus on this week?

Witness: Pray for God to show you one person this week that you are called to love/serve, and then be intentional to take one step to actually do something for him/her.

Monterey Church Discipleship Model:

GATHER - Attendance to weekly gatherings

GROUPS - Membership in dGroup

SEEK - Time spent in the Word and prayer

SERVE - Participation on a Serve Team

GIVE - Tithes and Offerings

SHARE - Investing in and inviting others