



**Welcome:** If someone made a movie of your life would it be a drama, a comedy, a romantic-comedy, action film, or science fiction?

**Worship:** Have a member pick out a worship song or read a favorite *Psalm*.

**Word:** Read *James 3:1-18; Proverbs 18:21*

- According to James, is the tongue able to be tamed? Do you agree?
- Even if we are unable to perfectly tame our tongue, what are some things that we can do to avoid saying careless or destructive things?
- Have you ever been influenced by someone's opinion or assertions to the point of changing your mind, your decisions, your direction or even your opinion of someone? Share how this has been a good or a bad thing.
- What are some ways that we can test whether or not they originate from God? (See verse 17.)
- How would you generally characterize your spoken words? (e.g. life giving or life taking?) If your words are sometimes life taking, what is one thing you can do to help you change that?

**Witness:** Close with a prayer asking God for the grace to seek forgiveness and extend forgiveness for ungodly words spoken and received in the past. Who and how can you encourage someone this week?

**Looking Ahead:** Read *James 4:1-12*.