## dGroup DISCUSSION GUIDE



Welcome: What is your favorite TV show to watch?

Worship: Another In The Fire - Acoustic by Hillsong United

**Word:** Read Philippians 3:1-14 (our focus will be on v12-14).

- 1. What is one thing about the sermon/Scriptures that really stuck out to you, and why?
- 2. What gets you tired, worn out, overwhelmed or exhausted?
- 3. How might the mistakes of your past result in present exhaustion?
- 4. Read Matthew 11:28-30. Through times of exhaustion, what does Jesus promise those who come to Him? As you've trusted Jesus, how have you seen Him provide rest in your life?
- 5. From v13-14, what did perseverance specifically look like for Paul? Why was it important for Paul to forget what was behind him?
- 6. Read James 1:2-4, 12. What is the result of our perseverance in Christ, and how have you seen that play out in your life?

**Witness:** Like the story of Epaphroditus in Philippians 2, how might those closest to you experience the blessings of God through your trust and perseverance of faith?