



Welcome: What is your favorite memory from high school, and why?

Worship: Read Psalm 121:1-8

Word: Read 1 Kings 19:1-18

1. What is one thing about the sermon/Scriptures that really stuck out to you, and why?
2. Name a time where you were tempted to give up and say “I have had enough, Lord,“. What led you to that place?
3. What is so important about rest and nourishment? How do we see God provide it for Elijah, and how does He provide it for us?
4. What was God teaching Elijah by revealing Himself in the form of a whisper? What does that tell you about God and the way He reveals Himself in your life?
5. How has God revealed Himself in the quiet places of your life? Why is that important, especially compared to the more visible, outward moves of God?
6. We see Elijah called and reestablished for God’s purposes. (v.15-16) How does the work of Christ, and the power of His Holy Spirit, reestablish us for the purposes of God?
7. What is God specifically instructing you to do in this next season? How will you take one action step of faith in obedience this week?

Witness: Write down the name of one person that is disconnected from God and put in a place where you will remember to pray for them daily this week!