



Welcome: What is your concept of a fruitful day?

Worship: Read Psalm 18

Word: Read Matthew 5:21-24 & Ephesians 4:17-32

1. Have someone in the group quickly define anger and wrath. How can anger at times be justified, yet always be dangerous?
2. Why does vengeance/wrath belong only to God?

Read Matthew 5:21-22

3. How can anger be considered equivalent to murder?

Read Ephesians 4:17-21

4. How have those who are “born again in Christ” able to understand and give grace in ways unbelievers cannot?

5. What does it mean for “our spirit to be willing, but our flesh is weak?”

Read Ephesians 4:22-32

6. How does unforgiveness threaten our relationship with Christ and dwarf our prospects in Him for the New Year?

Read Matthew 5:23-24

7. Who do you need to forgive and/or be forgiven by? What relationship do you perceive Jesus wants to reconcile soon? What are you going to do about it?

Witness: Pray and take action on question number 7 above and be prepared to share with the group what you did or what you are going to do in the very near future.