



Welcome: What decade would you want to be a teenager?

Worship: YouTube "You Keep On Getting Better" by Maverick City Music

Word: Read Matthew 11:28-30, Luke 5:12-16

1. What stood out to you the most about this week's Scriptures/message?
2. In what ways do you catch yourself overworking, or in a hurry?
3. How does busyness affect your relationship with God?
4. When Jesus said (v. 29) "Take my yoke upon you and learn from me,...", how would his audience have interpreted that? What does that look like in your everyday life?
5. How often do you spend time alone with God? What do you easily allow to compromise your silence/solitude with God? Why?
6. What are the benefits of creating quiet time away with God?
7. What is one action step of faith that you will take this week to live an unhurried life that is yoked with Jesus?

Witness: Take a moment to slow down, and ask the Lord to give you a special word of encouragement or a small thing you can do to bless someone close to you this week.