



Witness: Ask one person (who are not friends/family) that you encounter this week how you can pray for them and then do it!

Welcome: What is the best book that you have read (or listened to) recently?

Worship: List to *Surrounded (Fight My Battles)* by UPPERROOM.

Word: Read *Ephesians* 6:10-24

What was the one thing that stood out to you most from this week's sermon and Scriptures?

Why do you think Paul started the sentence in verse 10 with "Finally..."? How does this concluding section relate to the theme(s) of the entire letter to the Ephesians?

Restate verse 12 in your own words.

Share about the last time you have experienced the "struggle" as described in verse 12. How did you overcome that struggle?

Discuss each piece of armor listed in verses 13-17. What does each piece cover/protect? What is each piece protecting from? Practically, how do you "put on" the armor pieces? Which ones are offensive/defensive?

Why do you think there were no pieces listed that protect our back?

Why do you think that Paul asked for prayer in verses 19-20?

What is your personal application from this week's sermon/Scriptures?

Witness: Ask one person (who are not friends/family) that you encounter this week how you can pray for them and then do it!