## dGroup DISCUSSION GUIDE



Welcome: What is the best book you read recently, and why?

Worship: Read Psalm 133

Word: Read Philippians 1:1-11

- 1. What did you underline/highlight from the sermon? What is one thing about the scriptures that really stuck out to you, and why?
- 2. We all deal with loneliness from time to time. Where does loneliness come from? When do you tend to feel lonely?
- 3. How does trusting the Gospel connect us to God, and why is our connection to God so important when we're feeling lonely?
- 4. What is the significance of Paul's use of the word "partnership" in verse 5?
- 5. Why is our connection with God's people so important when it comes to feelings of loneliness and isolation?
- 6. How has the church helped you in seasons of loneliness?
- 7. What is something tangible you can do this week to help someone who may be struggling with isolation/loneliness?

**Witness:** This is the start to a 5 week series talking all about "joy". Who will you invite on Sunday to hear about experiencing joy in the midst of our circumstances?