

The Key to Gratitude

November 17, 2018 | Don Logan

Ephesians 5:15-20

Look carefully then how you walk, not as unwise but as wise, making the best use of the time, because the days are evil. Therefore do not be foolish, but understand what the will of the Lord is. And do not get drunk with wine, for that is debauchery, but be filled with the Spirit, addressing one another in psalms and hymns and spiritual songs, singing and making melody to the Lord with your heart, giving thanks always and for everything to God the Father in the name of our Lord Jesus Christ...

GROUP DISCUSSION

1. Read Ephesians 5:15-20. What are some things that stand out to you?
2. The premise of this teaching is that we will be grateful (not try to be, or pretend to be, or work at being) if only we had a way to correctly process our past, and our present and our future.
Do you believe that premise? Why or why not?
3. The second premise is that we need the Spirit to "fill" us in order to get that correct perspective of our past, present and future. Do you believe that? Why or why not?

Also, alcohol is just one way to get a different perspective of our past,

present and future. What are some other tools/ways we utilize for gaining a different view of our lives, past, present and future?

4. Why is it important for the Spirit to remind us of God's faithfulness in the past?

5. Pastor Don mentioned two things we can do to be more content in our present:

1) Bless others (don't come in to intimacy without also going out to give)

Explain how that may look. What does manna from heaven have to do with this?

2) Share with others your joy. Paul tells us to sing songs. Do you share praise with others about healthy eating or products? Hair/face products? Sports? Favorite restaurant? Music? Books?

Why do we do that, and how does this relate to our own joy?

6. What is the future hope that is above all darkness? Is there anything that can cover over the brightness from that light?

How does the Spirit make that light more active in our darkness today?

7. Prayer and praise