

LIFE GROUPS

DISCUSSION GUIDE

These questions are designed to help groups discuss the weekend teaching while building relationships with each other and growing in our faith!

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Jan 29th / Feb 1st, 2026

WARM UP

1. What's one silly debate you've had strong opinions about in the past? (pizza toppings, toilet paper direction, cereal order) Why do you think we like arguing about things like that?

2

KNOW IT

1. Read **Matthew 5:7**. "Mercy is not giving someone what they deserve." Why is that so difficult for us emotionally?
2. Read **Ephesians 4:31-32**. According to Paul, what happens inside of us when bitterness and anger go unresolved.
3. Read **Matthew 5:9**. How does Jesus define peacemaking differently than simply "avoiding conflict"? Why does that matter?
4. Read **Romans 12:18**. What stands out to you about this verse?

3

SHARE IT

1. Which part of this talk challenges you the most - mercy, forgiveness, or working toward peace? Why?
2. How does understanding God's mercy toward you change the way you handle conflict with others?
3. Is there a relationship in your life right now where peace feels difficult or complicated? What makes it hard?
4. Read **Matthew 5:43-45**. What does it look like to "love your enemies" in your current context?

4

LIVE IT

1. Is there someone God may be prompting you to show mercy to - even if you feel they don't "deserve" it?
2. What would taking a **step toward peace** look like this week (a conversation, an apology, a prayer, a boundary)?
3. Which question do you most need to ask yourself in conflict right now?
 - Do I want to be right or reconcile?
 - What am I trying to prove?
 - What can I own?