

UPCOMING EVENTS:

DISCOVER WESTBRIDGE - FEB 12th

Want to learn more about WHY we do WHAT we do the WAY we do it? Come to "Discover Westbridge". Thursday, February 12th @ 6:30pm.

Scan the QR code to register!

WATER BAPTISM - MARCH 15th

Follow the example of Jesus in Water Baptism. Join us on Sunday night, March 15th as we celebrate during our worship night.

Scan the QR code to register!



PERSONAL NOTES:

LIFE GROUPS:

CHECK OUT A LIFE GROUP!

LIFE GROUPS are smaller groups of people who commit to meet together consistently for the purpose of growing relationally and spiritually.

Browse all the Life Groups option in the Westbridge Church App and sign up today!

Let us know if you have ANY questions!



MESSAGE NOTES

The Good Life // Week 5

*God blesses those who are merciful, for they will be shown mercy. **Matthew 5:7***

Mercy is not giving someone what they DESERVE.

*When we were utterly helpless, Christ came at just the right time and died for us sinners. Now, most people would not be willing to die for an upright person, though someone might perhaps be willing to die for a person who is especially good. But God showed his great love for us by sending Christ to die for us while we were still sinners. **Romans 5:6-8***

*And "don't sin by letting anger control you." Don't let the sun go down while you are still angry, for anger gives a foothold to the devil. **Ephesians 4:26-27***

*Get rid of all bitterness, rage, anger, harsh words, and slander, as well as all types of evil behavior. Instead, be kind to each other, tenderhearted, forgiving one another, just as God through Christ has forgiven you. **Ephesians 4:31-32***

*God blesses those who work for peace, for they will be called the children of God. **Matthew 5:9***

Peace is working to RESTORE what is broken.

*This includes you who were once far away from God. You were his enemies, separated from him by your evil thoughts and actions. Yet now he has reconciled you to himself through the death of Christ in his physical body. **Colossians 1:21-22***

*"You have heard the law that says, 'Love your neighbor' and hate your enemy. But I say, love your enemies! Pray for those who persecute you! In that way, you will be acting as true children of your Father in heaven. **Matthew 5:43-45***

Working for peace is a PERSONAL responsibility.

*If it is possible, as far as it depends on you, live at peace with everyone. **Romans 12:18***

"Do I want to be right or RECONCILE?"

"What am I trying to PROVE?"

"What can I OWN?"

LIFE GROUPS

DISCUSSION GUIDE

These questions are designed to help groups discuss the weekend teaching while building relationships with each other and growing in our faith!

Jan 29th / Feb 1st, 2026

1

WARM UP

1. What's one silly debate you've had strong opinions about in the past? (pizza toppings, toilet paper direction, cereal order) Why do you think we like arguing about things like that?

2. Growing up, what did you ASSUME would bring happiness or fulfillment in life?

2

KNOW IT

1. Read **Matthew 5:7.** *"Mercy is not giving someone what they deserve."* Why is that so difficult for us emotionally?

2. Read **Ephesians 4:31-32.** According to Paul, what happens inside of us when bitterness and anger go unresolved.

3. Read **Matthew 5:9.** How does Jesus define peacemaking differently than simply "avoiding conflict"? Why does that matter?

4. Read **Romans 12:18.** What stands out to you about this verse?

3

SHARE IT

1. Which part of this talk challenges you the most - mercy, forgiveness, or working toward peace? Why?

2. How does understanding God's mercy toward you change the way you handle conflict with others?

3. Is there a relationship in your life right now where peace feels difficult or complicated? What makes it hard?

4. Read **Matthew 5:43-45.** What does it look like to "love your enemies" in your current context?

4

LIVE IT

1. Is there someone God may be prompting you to show mercy to - even if you feel they don't "deserve" it?

2. What would taking a **step toward peace** look like this week (a conversation, an apology, a prayer, a boundary)?

3. Which question do you most need to ask yourself in conflict right now?

- Do I want to be right or reconcile?
- What am I trying to prove?
- What can I own?