

UPCOMING EVENTS:

WATER BAPTISM - MARCH 22nd

Follow the example of Jesus in Water Baptism. Join us on Sunday night, March 15th as we celebrate during our worship night.

Scan the QR code to register!

EASTER WEEKEND - APRIL 2nd, 4th, 5th

Don't forget to register your seat for Easter!

Thursday, April 2nd - 6:30pm

Saturday, April 4th - 2:30pm | 4:00pm | 5:30pm

Sunday, April 5th - 8:00am | 9:30am | 11:00am



PERSONAL NOTES:

LIFE GROUPS:

CHECK OUT A LIFE GROUP!

LIFE GROUPS are smaller groups of people who commit to meet together consistently for the purpose of growing relationally and spiritually.

Browse all the Life Groups option in the Westbridge Church App and sign up today!

Let us know if you have ANY questions!



MESSAGE NOTES

Gear Up // Week 6

*A final word: Be strong in the Lord and in his mighty power. Put on all of God's armor so that you will be able to stand firm against all strategies of the devil. For we are not fighting against flesh-and-blood enemies, but against evil rulers and authorities of the unseen world, against mighty powers in this dark world, and against evil spirits in the heavenly places. Therefore, put on every piece of God's armor so you will be able to resist the enemy in the time of evil. Then after the battle you will still be standing firm. **Ephesians 6:10-13***

Put on **salvation** as your helmet... **Ephesians 6:17**

What is the helmet of salvation?

PAST = JUSTIFIED:

We were saved from the PENALTY of sin.

*God **saved** you by his grace when you believed. And you can't take credit for this; it is a gift from God. **Ephesians 2:8***

PRESENT = SANCTIFIED:

We are being saved from the POWER of sin.

*The message of the cross is foolish to those who are headed for destruction! But we who are **being saved** know it is the very power of God. **1 Corinthians 1:18***

*Continue to work out your salvation with fear and trembling, for it is God who works in you to will and to act in order to fulfill his good purpose. **Philippians 2:12***

FUTURE = GLORIFIED:

We will be saved from the PRESENCE of sin.

*Wake up, for our **salvation** is nearer now than when we first believed. **Romans 13:11***

*God is protecting you by his power until you receive this **salvation**, which is ready to be revealed on the last day for all to see. **1 Peter 1:5***

*For our dying bodies must be transformed into bodies that will never die; our mortal bodies must be transformed into immortal bodies. **1 Corinthians 15:53***

*But let us who live in the light be clearheaded, protected by the armor of faith and love, and wearing as our helmet the **hope** of our **salvation**. **1 Thessalonians 5:8***

LIFE GROUPS

DISCUSSION GUIDE

These questions are designed to help groups discuss the weekend teaching while building relationships with each other and growing in our faith!

March 19th / 22nd, 2026

1

WARM UP

1. When you hear the word “salvation”, what’s the first thing that comes to mind?

2. Have you ever experienced a situation that felt “hopeless”? What did that do to your motivation or mindset?

2

KNOW IT

1. PAST: Been saved from the penalty of sin. Read **Ephesians 2:8-9**. What do these verses say about how we are saved? Why is it important that salvation is a gift and not something we earn?

2. PRESENT: Being saved from the power of sin. Read **Philippians 2:12-13**. What does it mean that we are “being saved”? What is God’s role vs. our role in this process?

3. Read **Romans 12:2**. How does transformation happen according to this verse?

4. FUTURE: Will be saved from the presence of sin. Read **Romans 13:11** and **1 Peter 1:3-5**. What do these verses say about our future salvation? How should this future hope impact how we live today?

3

SHARE IT

1. Why does Paul call salvation a “hope”? How does hope function like a helmet for our minds?

2. How have you actively seen God working in your life in the present stage? How is God shaping you or changing you as you follow him?

3. When your mindset or perspective is off, what typically triggers that? Who are the people in your life that help you “fight the battle” in your mind (reminding you of truth, encouraging you, etc.)?

4

LIVE IT

1. What is one practical way you could remind yourself daily of:

- * What God has done (**past**)
- * What God is doing (**present**)
- * What God will do (**future**)

2. When you recognize a lie from the enemy in your thinking, what is a truth from Scripture you can replace it with?

3. Is there someone in your life you can encourage this week who may be losing hope?