

## UPCOMING EVENTS:

### CHILD DEDICATION - MARCH 8TH

**As parents we don't commit to perfection, but we commit to direction! This is an opportunity to partner with your church family!**

**Scan the QR code to register!**

### WATER BAPTISM - MARCH 15th

**Follow the example of Jesus in Water Baptism. Join us on Sunday night, March 15th as we celebrate during our worship night.**

**Scan the QR code to register!**



## PERSONAL NOTES:

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## LIFE GROUPS:

### CHECK OUT A LIFE GROUP!

**LIFE GROUPS are smaller groups of people who commit to meet together consistently for the purpose of growing relationally and spiritually.**

**Browse all the Life Groups option in the Westbridge Church App and sign up today!**

**Let us know if you have ANY questions!**



## MESSAGE NOTES

### Gear Up // Week 1

*The thief's purpose is to steal and kill and destroy. My purpose is to give them a rich and satisfying life. **John 10:10***

**1. We are in a spiritual BATTLE.**

*A final word: Be strong in the Lord and in his mighty power. Put on all of God's armor... **Ephesians 6:10-11***

**2. The primary weapon of the enemy is DECEPTION.**

*...so that you will be able to stand firm against all the strategies of the devil. **Ephesians 6:11***

**3. Our battle is against SATAN, not PEOPLE.**

*For we are not fighting against flesh-and-blood enemies, but against evil rulers and authorities of the unseen world, against mighty powers in this dark world, and against evil spirits in the heavenly places. **Ephesians 6:12***

*Stay alert! Watch out of your great enemy, the devil. He prowls around like a roaring lion, looking for someone to devour. Stand firm against him, and be strong in your faith.*

**1 Peter 5:8-9**

*For though we live in the world, we do not wage war as the world does. The weapons we fight with are not the weapons of the world. On the contrary, they have divine power to demolish strongholds. We demolish arguments and every pretension that sets itself up against the knowledge of God, and we take captive every thought to make it obedient to Christ. **2 Corinthians 10:3-5***

### 2 reminders:

**1. The armor is a symbol of the BENEFITS of the Good News.**

*Therefore, put on every piece of God's armor so you will be able to resist the enemy in the time of evil. Then after the battle you will still be standing firm. Stand your ground, putting on the belt of truth & the body armor of God's righteousness. For shoes, put on the peace that comes from the Good News so that you will be fully prepared. In addition to all of these, hold up the shield of faith to stop the fiery arrows of the devil. Put on salvation as your helmet, & take the sword of the Spirit, which is the word of God. **Ephesians 6:13-17***

**2. Put the armor on BEFORE the battle, not during.**

# LIFE GROUPS

## DISCUSSION GUIDE

*These questions are designed to help groups discuss the weekend teaching while building relationships with each other and growing in our faith!*

**Feb 12th / 15th, 2026**

1

### WARM UP

1. When you hear the phrase “spiritual battle” what is your gut reaction? Be honest!

2. Have you ever realized that something in your life was more of a spiritual struggle than you initially thought?

2

### KNOW IT

1. Read **Ephesians 6:10-12**. What stands out to you the most in these verses? Why do you think Paul emphasizes “*not against flesh and blood*”?

2. Read **John 8:44** and **John 10:10**. What do these verses teach us about Satan’s character and strategy? How does deception differ from obvious temptation?

3. This message dealt with “trust structures”. What are some common things people put their trust in instead of God? How do those things compete with faith?

4. Read **2 Corinthians 10:3-5**. What does it mean to “*take every thought captive*”? How might strongholds form in one’s life?

3

### SHARE IT

1. This message identified three common misidentifications:
- We misidentify that we are in a battle.
  - We misidentify the enemy’s primary weapon.
  - We misidentify who the enemy is.

Which of those do you think followers of Jesus struggle with most today?

2. In what ways have you seen division distract believers from focusing on the real spiritual battle?

3. Is there an area of your life where you may be underestimating the battle?

4

### LIVE IT

1. The message emphasized putting on the armor BEFORE the battle. What would it practically look like to “gear up” daily?

2. Which piece of armor (truth, righteousness, peace, faith, salvation, Word of God) do you most need to lean into right now and why?

3. What is one LIE you need to actively replace with TRUTH this week?