## **UPCOMING EVENTS:**

#### 4th / 5th GRADE BACK TO SCHOOL BONFIRE

#### FRIDAY, SEPTEMBER 19TH

Kids will get the chance to get to know other students their age - as well as their awesome leaders! Sign up on the events page!

#### YOUNG MARRIED COUPLES BBQ

#### SATURDAY, SEPTEMBER 27TH

Married couples in your 20's & 30's - join us for a great afternoon of BBQ and games, and get to know some other married couples!



# PERSONAL NOTES:

# LIFE GROUPS:



#### **NOT TOO LATE TO JOIN!**

LIFE GROUPS are smaller groups of people who commit to meet together consistently for the purpose of growing relationally and spiritually.

Browse all the Life Groups option in the Westbridge Church App and sign up today!

Let us know if you have ANY questions!

### MESSAGE NOTES

### Picture Perfect // Week 2

Children are a gift from the Lord; they are a reward from him. Children born to a young man are like arrows in a warrior's hands. How joyful is the man whose quiver is full of them! **Psalm 127:3-5** 

#### 4 things every kid needs:

#### 1. Unconditional <u>ACCEPTANCE</u>.

But God showed his great love for us by sending Christ to die for us while we were still sinners. Romans 5:8

#### 2. Ongoing physical <u>AFFECTION</u>.

Dear children, let us stop saying we love each other; let us really show it by our actions. **1 John 3:18** 

Love each other with genuine affection, and take delight in honoring each other. **Romans 12:10** 

### 3. Serious FUN .

A cheerful heart is good medicine, but a broken spirit saps a person's strength.

#### Proverbs 17:22

A glad heart makes a happy face. Proverbs 15:13

#### 4. Consistent PRESENCE.

Your life is like the morning fog - it's here a little while, then it's gone. James 4:14

So the Word became human and made his home among us. John 1:14

I pray that from his glorious, unlimited resources he will empower you with inner strength through his Spirit. Then Christ will make his home in your hearts as you trust in him. **Ephesians 3:16-17** 

# LIFE GROUPS

#### **DISCUSSION GUIDE**



These questions are designed to help groups discuss the weekend teaching while building relationships with each other and growing in our faith!

September 11th / 14th, 2025

#### **WARM UP**

1. What's the funniest or most chaotic parenting moment you've ever witnessed or experienced?



### **KNOW IT**

- 1. Read **Psalm 127:3-5.** What do you think it means to "aim, pull back, and release" your kids like arrows? How does this view change the way you parent or mentor?
- 2. Read **Romans 5:8** and **John 3:18.** How does God model both *unconditional acceptance* and *active affection*? Why do you think expressing love through action is more impactful than just saying, "I love you"?
- 2. Which of the four needs (Acceptance, Affection, Fun, Presence) came easiest for your parents to give? Which was missing or hard to receive?
- 3. Read **Proverbs 17:22** and **Ecclesiastes 3:1-4.** Why do you think joy and laughter are essential for emotional and spiritual health especially in families?
- 4. Read **John 1:14** and **Ephesians 3:16-17.** How does God's presence impact our lives every day? What do these verses teach us about the power of being present in someone else's life?



### **SHARE IT**

- 1. Of the **four things every kid needs** Acceptance, Affection, Fun, and Presence which one comes naturally for you as a parent of mentor? Which one is a growth area for you?
- 2. How do you practically express **unconditional love** to your kids or the kids in your life? What could help you do it more consistently?
- 3. What are some intentional ways you could add more fun into your home or your interaction with kids?



### **LIVE IT**

- 1. Presence is spelled T-I-M-E! What specific distraction do you need to set aside this week to be more present?
- 2. What is one simple phrase you could use this week to remind your child, "I love you, no matter what!"?
- 3. Was there anything from this talk that particularly caught your attention, challenged you, or inspired you?