

UPCOMING EVENTS:

YOUNG ADULT NIGHT - SEPTEMBER 13TH

18-30 years old and looking to connect with others in your season of life? Join us for this connect event on Sunday, September 13th! Scan the QR code for all the deets!

HEAVEN, HELL, & EVERYTHING IN BETWEEN

We are launching a NEW SERIES the weekend after Labor Day! This is a "DO NOT MISS" type of series that you will want to invite a friend to!

**Thursday, September 10th
Sunday, September 13th**



PERSONAL NOTES:

LIFE GROUPS:

CHECK OUT A LIFE GROUP!

LIFE GROUPS are smaller groups of people who commit to meet together consistently for the purpose of growing relationally and spiritually.

Browse all the Life Groups option in the Westbridge Church App and sign up today!

Let us know if you have ANY questions!



MESSAGE NOTES

Can't Stop Won't Stop // Week 5

*Walk with the wise and become wise; associate with fools and get in trouble. **Proverbs 13:20***

Give your FAITH some FRIENDS .

3 compelling reasons to join a Life Group:

1. Community makes your faith PERSONAL .

*Then God said, "Let us make human beings in our image, to be like us..." **Genesis 1:26***

*So now I am giving you a new commandment: Love each other. Just as I have loved you, you should love each other. Your love for one another will prove to the world that you are my disciples. **John 13:34-35***

2. Community makes your faith PRACTICAL .

*But don't just listen to God's word. You must do what it says. Otherwise, you are only fooling yourselves. **James 1:22***

3. Community makes your faith PURPOSEFUL .

*The human body has many parts, but the parts make up one whole body. So it is with the body of Christ. All of you together are Christ's body, and each of you is a part of it. **1 Corinthians 12:12; 27***

*A person standing alone can be attacked and defeated, but two can stand back-to-back and conquer. Three are even better, for a triple-braided cord is not easily broken. **Ecclesiastes 4:12***



LIFE GROUPS

DISCUSSION GUIDE

These questions are designed to help groups discuss the weekend teaching while building relationships with each other and growing in our faith!

Sep 3rd / 6th, 2026

1

WARM UP

1. Who is someone who helped shaped the person you are today? What did they contribute to your life?

2. As you reflect on the weekend teaching, how would you explain why following Jesus was never intended to be an individual journey?

2

KNOW IT

1. Read **Proverbs 13:20**. What does this verse teach us about the power of influence our relationships have on us? Why is that important?

2. Read **John 13:34-35**. According to Jesus, why is our collective community such an important witness to the rest of the world?

3. Read **Matthew 7:24-27**. What is the difference between simply *believing* the teachings of Jesus and actively *following* them? How can Christian community help us move our faith from *information* to *application* - from principles to practices?

4. Read **1 Corinthians 12:12-27**. What does the picture of the church as a body teach us about both needing others and being needed by others? What might the church miss when someone chooses to remain disconnected?

3

SHARE IT

1. What tends to pull you toward isolation or keep you from developing deeper relationships?

2. When has another person helped make your faith more:

Personal by knowing you, encouraging you, or supporting you?

Practical by helping you put your beliefs into action?

Purposeful by helping you serve or make a difference?

3. Have you ever experienced a difficult season when you had to “piggyback” on someone else’s faith? How did their presence help you keep going?

4

LIVE IT

1. What is one step you could take this week to “give your faith some friends”?

2. Identify one teaching of Jesus that you believe you need help putting into practice. How could this group encourage or support you to take action?

3. Is there someone in your life who may be feeling isolated or disconnected? What could you do this week to help them feel seen, known, and included?