

UPCOMING EVENTS:

HIGH SCHOOL RETREAT - OCTOBER 15TH-18TH

High School Students! Don't miss the fall retreat! We will be going to Camp Castaway for the WKND. This is on MEA Weekend. Registration open now! Click the QR code for details and to register!

DISCOVER WESTBRIDGE - NOVEMBER 1ST

Want to learn how to get connected here at Westbridge Church. DISCOVER Westbridge is it! Sunday, November 1st @ 4pm. Join us for one hour as we explore who we are and how you can be part of it!



PERSONAL NOTES:

LIFE GROUPS:

CHECK OUT A LIFE GROUP!

LIFE GROUPS are smaller groups of people who commit to meet together consistently for the purpose of growing relationally and spiritually.

Browse all the Life Groups option in the Westbridge Church App and sign up today!

Let us know if you have ANY questions!



MESSAGE NOTES

JOYRIDE // Week 2

*** Background of Paul's letter to the Philippians can be read in Acts chapter 16. ***

*** Background of Paul's imprisonment can be read in Acts chapters 21-28. ***

Paul focuses on two things:

1. PRESENT opportunities.
2. FUTURE possibilities.

Paul's present opportunities:

1. CURIOSITY of unbelievers.

And I want you to know, my dear brothers and sisters, that everything that has happened to me here has helped to spread the Good News. For everyone here, including the whole palace guard, knows that I am in chains because of Christ. **Philippians 1:12-13**

2. COURAGE of believers.

And because of my imprisonment, most of the believers here have gained confidence and boldly speak God's message without fear. **Philippians 1:14**

Paul's future possibilities:

1. A focus on the MISSION.

For I fully expect and hope that I will never be ashamed, but that I will continue to be bold for Christ, as I have been in the past. And I trust that my life will bring honor to Christ, whether I live or die. **Philippians 1:20**

2. A focus on ETERNITY.

For to me, living means living for Christ, and dying is even better. But if I live, I can do more fruitful work for Christ. So I really don't know which is better. I'm torn between two desires: I long to go and be with Christ, which would be far better for me. But for your sakes, it is better that I continue to live. **Philippians 1:21-24**

LIFE GROUPS

DISCUSSION GUIDE

These questions are designed to help groups discuss the weekend teaching while building relationships with each other and growing in our faith!

Oct 8th / 11th, 2026

1

WARM UP

1. What's something you've had to wait for that tested your patience? (Flight, appointment, DMV, home renovation, etc.)

2. Have you ever experienced something that initially felt like a setback but eventually turned into an unexpected opportunity? What happened?

2

KNOW IT

1. Read **Philippians 1:12-14**. What stands out to you about Paul's attitude in these verses? How is his perspective different from how we naturally respond?

2. How can our response in difficult situations influence people around us, both believers and unbelievers alike?

3. Read **James 1:2-4**. How is this different than just pretending our problems don't exist? What might God develop in us during a season of waiting?

4. Read **Philippians 1:20-21**. How does having an eternal perspective change the way we approach uncertainty?

5. Read **Proverbs 3:5-6**. What does it practically mean to trust God rather than lean on your own understanding? Why is that so challenging?

3

SHARE IT

1. The message highlighted several different "waiting rooms" of life. Is there an area where you currently feel "stuck"? What has been the hardest part of that experience?

2. Paul didn't ask, "*When am I going to get out of this?*" Instead, he asked how could honor God while he was there. How might asking a different question change your attitude toward something you're currently facing?

3. Complete this sentence, "*For to me, living means living for...*" What do your time, energy, finances, and emotional investments reveal about what matters most to you?

4. Paul believed that whether he lived or died, he still had a purpose. How might your life look different if your greatest goal in every season was simply to honor Jesus?

4

LIVE IT

1. **Identify your waiting room.** What is one situation in your life where you need to shift your focus from "When will this be over?" to "How can I honor God in this?"

2. **Look for a present opportunity.** Who might God be giving you an opportunity to encourage, serve, or influence because of the circumstances you're currently facing? What's one practical step you could take this week?

3. **Recenter your priorities.** Reflect on *Philippians 1:21* - "*For to me, living means living for Christ.*" What's one area of your life where Jesus needs to become more central? What specific change could you make this week?