

UPCOMING EVENTS:

CHILD DEDICATION - MARCH 8TH

As parents we don't commit to perfection, but we commit to direction! This is an opportunity to partner with your church family!

Scan the QR code to register!

WATER BAPTISM - MARCH 15th

Follow the example of Jesus in Water Baptism. Join us on Sunday night, March 15th as we celebrate during our worship night.

Scan the QR code to register!



PERSONAL NOTES:

LIFE GROUPS:

CHECK OUT A LIFE GROUP!

LIFE GROUPS are smaller groups of people who commit to meet together consistently for the purpose of growing relationally and spiritually.

Browse all the Life Groups option in the Westbridge Church App and sign up today!

Let us know if you have ANY questions!



MESSAGE NOTES

Gear Up // Week 2

*A final word: Be strong in the Lord and in his mighty power. Put on all of God's armor so that you will be able to stand firm against all strategies of the devil. For we are not fighting against flesh-and-blood enemies, but against evil rulers & authorities of the unseen world, against mighty powers in this dark world, and against evil spirits in the heavenly places. Therefore, put on every piece of God's armor so you will be able to resist the enemy in the time of evil. Then after the battle you will still be standing firm. **Ephesians 6:10-13***

*Stand your ground, putting on the belt of **truth**... **Ephesians 6:14***

1. God's truth is not invented, it is DISCOVERED.

*Preach the word of God. Be prepared, whether the time is favorable or not. Patiently correct, rebuke, and encourage your people with good teaching. For a time is coming when people will no longer listen to sound and wholesome teaching. They will follow their own desires and will look for teachers who will tell them whatever their itching ears want to hear. They will reject the **TRUTH** and chase after myths. **2 Timothy 4:3-4***

2. God's truth always brings FREEDOM.

*"You are truly my disciples if you remain faithful to my teachings. And you will know the truth, and the **TRUTH** will set you **FREE**." "But we are descendants of Abraham," they said. "We have never been slaves to anyone. What do you mean, 'You will be set free'?" Jesus replied, "I tell you the truth, everyone who sins is a slave of sin. A slave is not a permanent member of the family, but a son is part of the family forever. So if the Son sets you free, you are truly free." **John 8:31-36***

3. God's truth partners with GRACE.

*The Word became a man & lived among us. We saw his divine greatness - the greatness that belongs to the only Son of the Father. The Word was full of grace & truth. **John 1:14***

*Then we will no longer be immature like children. We won't be tossed and blown about by every wind of new teaching. We will not be influenced when people try to trick us with lies so clever they sound like the truth. Instead, we will speak the **TRUTH** in **LOVE**, growing in every way more & more like Christ, who is the head of his body, the church. He makes the whole body fit together perfectly. As each part does its own special work, it helps the other parts grow, so that the whole body is healthy & growing & full of love. **Ephesians 4:14-16***

1. SEARCH for truth.

2. ACKNOWLEDGE the truth.

3. APPLY truth to your life.

LIFE GROUPS

DISCUSSION GUIDE

These questions are designed to help groups discuss the weekend teaching while building relationships with each other and growing in our faith!

Feb 19th / 22nd, 2026

1

WARM UP

1. When you hear the word “truth”, what comes to mind first - comfort, tension, clarity, conflict, something else? Why?

2. Why do you think the concept of “my truth” has become so popular in our culture today?

2

KNOW IT

1. Read **Ephesians 6:10-14**. Why do you think Paul starts the armor of God with the belt of truth instead of something more dramatic like the sword or shield?

2. In **John 8:44**, Jesus calls the devil the “father of lies.” How does understanding deception as the enemy’s primary weapon change how we think about spiritual warfare?

3. Read **2 Timothy 4:3-4**. What are some modern examples of people gathering teachers who tell them what they want to hear?

4. “God’s truth is not invented, it’s discovered.” What is the difference between discovering truth and inventing truth? Why does that matter?

3

SHARE IT

1. Jesus was full of both grace and truth. Which side do you personally lean toward more - truth without grace or grace without truth? why do you think that is?

2. Where do you personally feel the most pressure to compromise truth - culture, relationships, workplace, social media, internal struggles?

3. Deception usually whispers instead of shouts. Where have you experienced that in your own life?

4

LIVE IT

1. This week, what would it look like for you to intentionally SEARCH for truth? (Reading Scripture, Joining a Life Group, asking hard questions)

2. Is there an area of your life where you need to ACKNOWLEDGE truth instead of trying to argue with it or soften it?

3. What is one specific way you can APPLY truth this week - in your speech, relationships, habits, or decision-making?