

UPCOMING EVENTS:

DISCOVER WESTBRIDGE - FEB 12th

Want to learn more about WHY we do WHAT we do the WAY we do it? Come to "Discover Westbridge". Thursday, February 12th @ 6:30pm.

Scan the QR code to register!

WATER BAPTISM - MARCH 15th

Follow the example of Jesus in Water Baptism. Join us on Sunday night, March 15th as we celebrate during our worship night.

Scan the QR code to register!



PERSONAL NOTES:

LIFE GROUPS:

CHECK OUT A LIFE GROUP!

LIFE GROUPS are smaller groups of people who commit to meet together consistently for the purpose of growing relationally and spiritually.

Browse all the Life Groups option in the Westbridge Church App and sign up today!

Let us know if you have ANY questions!



MESSAGE NOTES

The Good Life // Week 3

*God blesses those who are humble, for they will inherit the whole earth. **Matthew 5:5***

Pride is simply an obsession with SELF.

*God opposes the proud but gives grace to the humble. **James 4:6***

Destructive effects of pride:

1. Pride prevents my personal GROWTH.

*People who accept discipline are on the pathway to life, but those who ignore correction will go astray. **Proverbs 10:17***

2. Pride shuts out OTHERS.

*Pride leads to conflict; those who take advice are wise. **Proverbs 13:10***

3. Pride shuts out GOD.

*In his pride the wicked man does not seek him; in all his thoughts there is no room for God. **Psalms 10:4***

4. Pride is driven by INSECURITY.

*Fearing people is a dangerous trap, but trusting in the Lord means safety. **Proverbs 29:25***

The antidote to pride is HUMILITY. (James 4:10**)**

As for me, it matters very little how I might be evaluated by you or by any human authority. I don't even trust my own judgment on this point. My conscience is clear, but that doesn't prove I'm right. It is the Lord himself who will examine me and decide... for what gives you the right to make such a judgment? What do you have that God hasn't given you? And if everything you have is from God, why boast as though it were not a gift?

1 Corinthians 4:3-4, 7

What GOD thinks about me is most important.

*So now there is now condemnation for those who belong to Christ Jesus. And because you belong to him, the power of the life-giving Spirit has freed you from the power of sin that leads to death. **Romans 8:1-2***

LIFE GROUPS

DISCUSSION GUIDE

These questions are designed to help groups discuss the weekend teaching while building relationships with each other and growing in our faith!

Jan 15th / 18th, 2026

1

WARM UP

1. What's a lighthearted example of how you naturally think about yourself first during a normal week?

2. Growing up, what messages did you hear about pride or humility - either explicitly or implicitly?

2

KNOW IT

1. Read **Matthew 5:5**. Why do you think Jesus connects humility with inheritance rather than loss?

2. This talk defined pride as *"an obsession with self."* How does that definition expand or challenge your typical understanding of pride?

3. Read **James 4:6**. Why do you think God opposes the proud instead of simply ignoring them?

4. Read **1 Corinthians 4:3-7**. How do these verses reshape the way Paul evaluates himself? What is different from how we tend to evaluate ourselves today?

5. How does **Romans 8:1-2** help free you from both arrogance and insecurity?

3

SHARE IT

1. Which of these effects of pride stood out to you the most - and why?

- Pride prevents my **growth**
- Pride shuts out **others**
- Pride shuts out **God**

2. Which version of pride do you see most often in yourself? Superiority or inferiority? How does that show up in your thoughts or behavior?

3. Where are you most tempted to compare yourself to others right now (Work, parenting, faith, finances, appearance, success)?

4. Where might pride be keeping you from asking for help or seeking growth?

4

LIVE IT

1. What would it look like for you to **think of yourself less** (not think less of yourself)?

2. Is there a conversation you need to have this week that requires humility - an apology, forgiveness, or honest admission?

3. Why is it important that Scripture says to **humble yourself** rather than pray for humility? What is one way you can HUMBLE yourself this week?