

LIFE GROUPS

DISCUSSION GUIDE

1

These questions are designed to help groups discuss the weekend teaching while building relationships with each other and growing in our faith!

Jan 15th / 18th, 2026

WARM UP

1. What's a lighthearted example of how you naturally think about yourself first during a normal week?

2

KNOW IT

1. Read **Matthew 5:5**. Why do you think Jesus connects humility with inheritance rather than loss?

2. This talk defined pride as "*an obsession with self.*" How does that definition expand or challenge your typical understanding of pride?

3. Read **James 4:6**. Why do you think God opposes the proud instead of simply ignoring them?

4. Read **1 Corinthians 4:3-7**. How do these verses reshape the way Paul evaluates himself? What is different from how we tend to evaluate ourselves today?

5. How does **Romans 8:1-2** help free you from both arrogance and insecurity?

3

SHARE IT

1. Which of these effects of pride stood out to you the most - and why?

- Pride prevents my **growth**
- Pride shuts out **others**
- Pride shuts out **God**

2. Which version of pride do you see most often in yourself? Superiority or inferiority? How does that show up in your thoughts or behavior?

3. Where are you most tempted to compare yourself to others right now (Work, parenting, faith, finances, appearance, success)?

4. Where might pride be keeping you from asking for help or seeking growth?

4

LIVE IT

1. What would it look like for you to **think of yourself less** (not think less of yourself)?

2. Is there a conversation you need to have this week that requires humility - an apology, forgiveness, or honest admission?

3. Why is it important that Scripture says to **humble yourself** rather than pray for humility? What is one way you can HUMBLE yourself this week?