

## STANDING STRONG IN THE STORMS OF LIFE Resting in the Midst of the Storm Hebrews 4:1-9

Matthew 11:28 - Come to Me, all who are weary and heavy-laden, and I will give you rest.

There is a spiritual rest THAT IS GIVEN and only Christ can give it.

Matthew 11:29 - Take My yoke upon you and learn from Me, for I am gentle and humble in heart, and you will find rest for your souls.

Matthew 11:30 - For My yoke is easy and My burden is light.

## Entering our rest in Christ...

1. is available right now.

Hebrews 4:1 - ...if while a promise remains... kataleipo - reserve something for someone

Hebrews 4:9 - ...remains a Sabbath rest... katapausis - ceasing from one's fleshly efforts and works.

Entering our rest in Christ... 2. has the password "faith".

Hebrews 4:2 - ...but the word they **heard**... akoe - to hear and to understand

Hebrews 4:2 - ...did not **profit** them... -it didn't do them any good

Hebrews 4:2 - ...it was not **united** by faith -mixed together with; joined together with

Hebrews 4:2 - ...it was not united by **faith** pistis - fully persuaded to the point that you act

## **Entering our rest in Christ...**

3. involves and attitude in our faith.

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